

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位 | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |    |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 1  | A4   | 北村 進   | 1:55:57 | 1:55:54 | 00:18:27 | 0:18:24 | 00:37:06 | 0:18:39  | 00:55:40 | 0:18:34   | 01:14:45 | 0:19:05   | 01:34:47 | 0:20:02   | 01:55:57 | 0:21:10   |
| A 男子30キロ | 2  | A15  | 大久保 翔平 | 1:57:02 | 1:56:59 | 00:19:27 | 0:19:24 | 00:38:41 | 0:19:14  | 00:57:56 | 0:19:15   | 01:17:09 | 0:19:13   | 01:36:40 | 0:19:31   | 01:57:02 | 0:20:22   |
| A 男子30キロ | 3  | A27  | 上村 和生  | 1:57:19 | 1:57:17 | 00:19:40 | 0:19:38 | 00:39:01 | 0:19:21  | 00:58:35 | 0:19:34   | 01:18:19 | 0:19:44   | 01:37:58 | 0:19:39   | 01:57:19 | 0:19:21   |
| A 男子30キロ | 4  | A5   | 良田 純   | 1:57:29 | 1:57:25 | 00:19:38 | 0:19:34 | 00:38:42 | 0:19:04  | 00:57:56 | 0:19:14   | 01:17:11 | 0:19:15   | 01:37:18 | 0:20:07   | 01:57:29 | 0:20:11   |
| A 男子30キロ | 5  | A39  | 中谷 公貴  | 1:58:29 | 1:58:26 | 00:19:24 | 0:19:21 | 00:38:41 | 0:19:17  | 00:58:10 | 0:19:29   | 01:18:13 | 0:20:03   | 01:38:45 | 0:20:32   | 01:58:29 | 0:19:44   |
| A 男子30キロ | 6  | A21  | 小林 慶一郎 | 1:58:55 | 1:58:52 | 00:19:40 | 0:19:37 | 00:39:32 | 0:19:52  | 00:59:29 | 0:19:57   | 01:19:26 | 0:19:57   | 01:39:29 | 0:20:03   | 01:58:55 | 0:19:26   |
| A 男子30キロ | 7  | A18  | 古家後 惣一 | 1:59:48 | 1:59:45 | 00:19:44 | 0:19:41 | 00:39:32 | 0:19:48  | 00:59:28 | 0:19:56   | 01:19:25 | 0:19:57   | 01:39:29 | 0:20:04   | 01:59:48 | 0:20:19   |
| A 男子30キロ | 8  | A28  | 岡本 大佑  | 2:00:21 | 2:00:17 | 00:20:12 | 0:20:08 | 00:40:04 | 0:19:52  | 01:00:01 | 0:19:57   | 01:19:56 | 0:19:55   | 01:40:08 | 0:20:12   | 02:00:21 | 0:20:13   |
| A 男子30キロ | 9  | A36  | 時實 昌史  | 2:01:09 | 2:01:03 | 00:20:02 | 0:19:56 | 00:40:06 | 0:20:04  | 01:00:29 | 0:20:23   | 01:20:49 | 0:20:20   | 01:41:04 | 0:20:15   | 02:01:09 | 0:20:05   |
| A 男子30キロ | 10 | A6   | 岩橋 啓行  | 2:01:29 | 2:01:27 | 00:19:04 | 0:19:02 | 00:38:48 | 0:19:44  | 00:58:52 | 0:20:04   | 01:19:21 | 0:20:29   | 01:40:24 | 0:21:03   | 02:01:29 | 0:21:05   |
| A 男子30キロ | 11 | A14  | 山口 紘平  | 2:02:23 | 2:02:20 | 00:19:59 | 0:19:56 | 00:40:11 | 0:20:12  | 01:00:39 | 0:20:28   | 01:21:19 | 0:20:40   | 01:42:06 | 0:20:47   | 02:02:23 | 0:20:17   |
| A 男子30キロ | 12 | A11  | 真坂 智己  | 2:03:15 | 2:03:12 | 00:20:04 | 0:20:01 | 00:40:06 | 0:20:02  | 01:00:15 | 0:20:09   | 01:20:47 | 0:20:32   | 01:41:42 | 0:20:55   | 02:03:15 | 0:21:33   |
| A 男子30キロ | 13 | A53  | 塩飽 真之  | 2:03:18 | 2:03:14 | 00:21:36 | 0:21:32 | 00:42:00 | 0:20:24  | 01:02:29 | 0:20:29   | 01:23:00 | 0:20:31   | 01:43:24 | 0:20:24   | 02:03:18 | 0:19:54   |
| A 男子30キロ | 14 | A22  | 戸島 拓海  | 2:03:52 | 2:03:49 | 00:19:27 | 0:19:24 | 00:38:48 | 0:19:21  | 00:58:36 | 0:19:48   | 01:18:29 | 0:19:53   | 01:38:51 | 0:20:22   | 02:03:52 | 0:25:01   |
| A 男子30キロ | 15 | A30  | 室山 尚也  | 2:03:54 | 2:03:50 | 00:21:03 | 0:20:59 | 00:41:43 | 0:20:40  | 01:01:53 | 0:20:10   | 01:21:52 | 0:19:59   | 01:42:06 | 0:20:14   | 02:03:54 | 0:21:48   |
| A 男子30キロ | 16 | A33  | 堀口 英司  | 2:04:30 | 2:04:15 | 00:21:03 | 0:20:48 | 00:42:23 | 0:21:20  | 01:03:41 | 0:21:18   | 01:24:48 | 0:21:07   | 01:45:46 | 0:20:58   | 02:04:30 | 0:18:44   |
| A 男子30キロ | 17 | A48  | 西村 勝   | 2:04:43 | 2:04:39 | 00:20:24 | 0:20:20 | 00:41:07 | 0:20:43  | 01:02:18 | 0:21:11   | 01:22:52 | 0:20:34   | 01:43:52 | 0:21:00   | 02:04:43 | 0:20:51   |
| A 男子30キロ | 18 | A60  | 山崎 泰志  | 2:04:44 | 2:04:40 | 00:21:06 | 0:21:02 | 00:42:21 | 0:21:15  | 01:03:40 | 0:21:19   | 01:24:52 | 0:21:12   | 01:45:15 | 0:20:23   | 02:04:44 | 0:19:29   |
| A 男子30キロ | 19 | A12  | 西山 和利  | 2:04:54 | 2:04:48 | 00:21:25 | 0:21:19 | 00:42:25 | 0:21:00  | 01:03:39 | 0:21:14   | 01:24:19 | 0:20:40   | 01:44:49 | 0:20:30   | 02:04:54 | 0:20:05   |
| A 男子30キロ | 20 | A19  | 石本 辰也  | 2:05:02 | 2:04:54 | 00:21:04 | 0:20:56 | 00:42:22 | 0:21:18  | 01:03:41 | 0:21:19   | 01:24:48 | 0:21:07   | 01:45:52 | 0:21:04   | 02:05:02 | 0:19:10   |
| A 男子30キロ | 21 | A95  | 岡村 卓実  | 2:05:17 | 2:05:10 | 00:21:01 | 0:20:54 | 00:42:20 | 0:21:19  | 01:03:39 | 0:21:19   | 01:24:47 | 0:21:08   | 01:45:43 | 0:20:56   | 02:05:17 | 0:19:34   |
| A 男子30キロ | 22 | A59  | 西川 一   | 2:05:30 | 2:05:26 | 00:21:00 | 0:20:56 | 00:42:20 | 0:21:20  | 01:03:39 | 0:21:19   | 01:24:47 | 0:21:08   | 01:45:51 | 0:21:04   | 02:05:30 | 0:19:39   |
| A 男子30キロ | 23 | A34  | 田中 貴之  | 2:05:31 | 2:05:27 | 00:21:00 | 0:20:56 | 00:42:20 | 0:21:20  | 01:03:38 | 0:21:18   | 01:24:46 | 0:21:08   | 01:45:50 | 0:21:04   | 02:05:31 | 0:19:41   |
| A 男子30キロ | 24 | A75  | 満 和樹   | 2:05:35 | 2:05:31 | 00:21:02 | 0:20:58 | 00:42:21 | 0:21:19  | 01:03:40 | 0:21:19   | 01:24:49 | 0:21:09   | 01:45:47 | 0:20:58   | 02:05:35 | 0:19:48   |
| A 男子30キロ | 25 | A29  | 田原 幸男  | 2:05:52 | 2:05:49 | 00:21:08 | 0:21:05 | 00:42:26 | 0:21:18  | 01:03:46 | 0:21:20   | 01:24:52 | 0:21:06   | 01:45:51 | 0:20:59   | 02:05:52 | 0:20:01   |
| A 男子30キロ | 26 | A52  | 西山 英志  | 2:06:04 | 2:05:58 | 00:21:03 | 0:20:57 | 00:42:21 | 0:21:18  | 01:03:39 | 0:21:18   | 01:24:46 | 0:21:07   | 01:45:51 | 0:21:05   | 02:06:04 | 0:20:13   |
| A 男子30キロ | 27 | A58  | 坂本 慧   | 2:06:29 | 2:06:27 | 00:21:00 | 0:20:58 | 00:42:20 | 0:21:20  | 01:03:37 | 0:21:17   | 01:24:46 | 0:21:09   | 01:45:49 | 0:21:03   | 02:06:29 | 0:20:40   |
| A 男子30キロ | 28 | A395 | 横井 秀行  | 2:06:36 | 2:06:31 | 00:21:01 | 0:20:56 | 00:42:20 | 0:21:19  | 01:03:39 | 0:21:19   | 01:24:46 | 0:21:07   | 01:45:51 | 0:21:05   | 02:06:36 | 0:20:45   |
| A 男子30キロ | 29 | A41  | 北本 哲也  | 2:06:43 | 2:06:40 | 00:21:01 | 0:20:58 | 00:42:08 | 0:21:07  | 01:03:21 | 0:21:13   | 01:24:28 | 0:21:07   | 01:45:37 | 0:21:09   | 02:06:43 | 0:21:06   |
| A 男子30キロ | 30 | A70  | 和田 大和  | 2:06:45 | 2:06:39 | 00:21:07 | 0:21:01 | 00:42:23 | 0:21:16  | 01:03:42 | 0:21:19   | 01:24:48 | 0:21:06   | 01:45:50 | 0:21:02   | 02:06:45 | 0:20:55   |
| A 男子30キロ | 31 | A47  | 沖田 豊武  | 2:06:46 | 2:06:40 | 00:21:07 | 0:21:01 | 00:42:22 | 0:21:15  | 01:03:45 | 0:21:23   | 01:24:55 | 0:21:10   | 01:45:52 | 0:20:57   | 02:06:46 | 0:20:54   |
| A 男子30キロ | 32 | A43  | 森崎 泰生  | 2:06:49 | 2:06:43 | 00:21:11 | 0:21:05 | 00:42:21 | 0:21:10  | 01:03:39 | 0:21:18   | 01:24:47 | 0:21:08   | 01:45:51 | 0:21:04   | 02:06:49 | 0:20:58   |
| A 男子30キロ | 33 | A17  | 芳賀 圭佑  | 2:08:09 | 2:08:05 | 00:21:01 | 0:20:57 | 00:42:21 | 0:21:20  | 01:03:40 | 0:21:19   | 01:24:49 | 0:21:09   | 01:45:53 | 0:21:04   | 02:08:09 | 0:22:16   |
| A 男子30キロ | 34 | A68  | 西松 成器  | 2:08:13 | 2:08:08 | 00:21:32 | 0:21:27 | 00:42:51 | 0:21:19  | 01:04:20 | 0:21:29   | 01:25:47 | 0:21:27   | 01:46:59 | 0:21:12   | 02:08:13 | 0:21:14   |
| A 男子30キロ | 35 | A44  | 前川 秀樹  | 2:08:17 | 2:08:14 | 00:21:01 | 0:20:58 | 00:42:20 | 0:21:19  | 01:03:38 | 0:21:18   | 01:24:47 | 0:21:09   | 01:45:53 | 0:21:06   | 02:08:17 | 0:22:24   |
| A 男子30キロ | 36 | A132 | 玉田 耕一  | 2:08:18 | 2:08:14 | 00:21:24 | 0:21:20 | 00:42:35 | 0:21:11  | 01:03:44 | 0:21:09   | 01:24:51 | 0:21:07   | 01:46:13 | 0:21:22   | 02:08:18 | 0:22:05   |
| A 男子30キロ | 37 | A57  | 米原 章宏  | 2:08:51 | 2:08:46 | 00:21:30 | 0:21:25 | 00:43:05 | 0:21:35  | 01:04:42 | 0:21:37   | 01:26:04 | 0:21:22   | 01:47:22 | 0:21:18   | 02:08:51 | 0:21:29   |
| A 男子30キロ | 38 | A126 | 壺岐 正和  | 2:09:27 | 2:09:21 | 00:21:02 | 0:20:56 | 00:42:21 | 0:21:19  | 01:03:40 | 0:21:19   | 01:24:56 | 0:21:16   | 01:46:48 | 0:21:52   | 02:09:27 | 0:22:39   |
| A 男子30キロ | 39 | A35  | 西村 慎也  | 2:09:34 | 2:09:27 | 00:21:10 | 0:21:03 | 00:42:23 | 0:21:13  | 01:03:40 | 0:21:17   | 01:24:51 | 0:21:11   | 01:46:06 | 0:21:15   | 02:09:34 | 0:23:28   |
| A 男子30キロ | 40 | A55  | 藤井 隆之  | 2:09:43 | 2:09:40 | 00:21:26 | 0:21:23 | 00:42:31 | 0:21:05  | 01:03:39 | 0:21:08   | 01:24:50 | 0:21:11   | 01:46:22 | 0:21:32   | 02:09:43 | 0:23:21   |
| A 男子30キロ | 41 | A54  | 前中 康隆  | 2:09:50 | 2:09:44 | 00:21:12 | 0:21:06 | 00:42:26 | 0:21:14  | 01:03:44 | 0:21:18   | 01:24:54 | 0:21:10   | 01:46:50 | 0:21:56   | 02:09:50 | 0:23:00   |
| A 男子30キロ | 42 | A85  | 平尾 知也  | 2:09:59 | 2:09:55 | 00:21:33 | 0:21:29 | 00:43:14 | 0:21:41  | 01:04:29 | 0:21:15   | 01:26:08 | 0:21:39   | 01:48:15 | 0:22:07   | 02:09:59 | 0:21:44   |
| A 男子30キロ | 43 | A275 | 釜田 隆   | 2:10:11 | 2:10:06 | 00:21:05 | 0:21:00 | 00:42:23 | 0:21:18  | 01:03:42 | 0:21:19   | 01:24:54 | 0:21:12   | 01:47:06 | 0:22:12   | 02:10:11 | 0:23:05   |
| A 男子30キロ | 44 | A76  | 武岡 稜   | 2:10:14 | 2:10:05 | 00:23:27 | 0:23:18 | 00:44:48 | 0:21:21  | 01:05:51 | 0:21:03   | 01:27:17 | 0:21:26   | 01:48:51 | 0:21:34   | 02:10:14 | 0:21:23   |
| A 男子30キロ | 45 | A38  | 北川 優   | 2:10:29 | 2:10:26 | 00:21:01 | 0:20:58 | 00:42:20 | 0:21:19  | 01:03:39 | 0:21:19   | 01:24:50 | 0:21:11   | 01:46:42 | 0:21:52   | 02:10:29 | 0:23:47   |
| A 男子30キロ | 46 | A56  | 正呂地 嘉之 | 2:11:15 | 2:11:10 | 00:21:01 | 0:20:56 | 00:42:20 | 0:21:19  | 01:03:39 | 0:21:19   | 01:24:53 | 0:21:14   | 01:47:56 | 0:23:03   | 02:11:15 | 0:23:19   |
| A 男子30キロ | 47 | A94  | 柏木 洋行  | 2:11:32 | 2:11:26 | 00:21:04 | 0:20:58 | 00:42:21 | 0:21:17  | 01:03:40 | 0:21:19   | 01:24:50 | 0:21:10   | 01:47:16 | 0:22:26   | 02:11:32 | 0:24:16   |
| A 男子30キロ | 48 | A45  | 辻村 茂久  | 2:11:34 | 2:11:30 | 00:21:06 | 0:21:02 | 00:42:27 | 0:21:21  | 01:03:48 | 0:21:21   | 01:25:53 | 0:22:05   | 01:49:04 | 0:23:11   | 02:11:34 | 0:22:30   |
| A 男子30キロ | 49 | A163 | 平川 仁   | 2:11:34 | 2:11:26 | 00:21:50 | 0:21:42 | 00:43:29 | 0:21:39  | 01:05:16 | 0:21:47   | 01:27:12 | 0:21:56   | 01:49:21 | 0:22:09   | 02:11:34 | 0:22:13   |
| A 男子30キロ | 50 | A90  | 水本 直樹  | 2:12:09 | 2:12:02 | 00:21:56 | 0:21:49 | 00:43:55 | 0:21:59  | 01:06:14 | 0:22:19   | 01:28:38 | 0:22:24   | 01:50:53 | 0:22:15   | 02:12:09 | 0:21:16   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名      | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|---------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |         |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 51  | A247 | 中西 毅    | 2:13:01 | 2:12:56 | 00:21:33 | 0:21:28 | 00:43:18 | 0:21:45  | 01:05:05 | 0:21:47   | 01:27:16 | 0:22:11   | 01:50:09 | 0:22:53   | 02:13:01 | 0:22:52   |
| A 男子30キロ | 52  | A67  | 森田 末基   | 2:14:44 | 2:14:37 | 00:22:47 | 0:22:40 | 00:45:14 | 0:22:27  | 01:07:38 | 0:22:24   | 01:29:52 | 0:22:14   | 01:52:14 | 0:22:22   | 02:14:44 | 0:22:30   |
| A 男子30キロ | 53  | A49  | 東田 光次   | 2:15:04 | 2:14:57 | 00:22:58 | 0:22:51 | 00:45:17 | 0:22:19  | 01:07:40 | 0:22:23   | 01:30:02 | 0:22:22   | 01:52:46 | 0:22:44   | 02:15:04 | 0:22:18   |
| A 男子30キロ | 54  | A93  | 甲田 知久   | 2:15:32 | 2:15:24 | 00:22:55 | 0:22:47 | 00:45:23 | 0:22:28  | 01:07:31 | 0:22:08   | 01:29:44 | 0:22:13   | 01:52:35 | 0:22:51   | 02:15:32 | 0:22:57   |
| A 男子30キロ | 55  | A77  | 小林 貴昭   | 2:16:05 | 2:15:58 | 00:22:11 | 0:22:04 | 00:44:16 | 0:22:05  | 01:06:49 | 0:22:33   | 01:29:36 | 0:22:47   | 01:52:37 | 0:23:01   | 02:16:05 | 0:23:28   |
| A 男子30キロ | 56  | A409 | 長谷川 伸一  | 2:17:13 | 2:17:06 | 00:22:05 | 0:21:58 | 00:45:09 | 0:23:04  | 01:08:16 | 0:23:07   | 01:31:18 | 0:23:02   | 01:54:27 | 0:23:09   | 02:17:13 | 0:22:46   |
| A 男子30キロ | 57  | A92  | 坂口 和希   | 2:17:34 | 2:17:26 | 00:21:15 | 0:21:07 | 00:42:21 | 0:21:06  | 01:03:41 | 0:21:20   | 01:25:28 | 0:21:47   | 01:50:13 | 0:24:45   | 02:17:34 | 0:27:21   |
| A 男子30キロ | 58  | A83  | 田岡 勝洋   | 2:17:41 | 2:17:31 | 00:22:58 | 0:22:48 | 00:45:13 | 0:22:15  | 01:07:42 | 0:22:29   | 01:30:25 | 0:22:43   | 01:53:54 | 0:23:29   | 02:17:41 | 0:23:47   |
| A 男子30キロ | 59  | A91  | 墨 秀昭    | 2:18:02 | 2:17:49 | 00:21:48 | 0:21:35 | 00:43:14 | 0:21:26  | 01:04:52 | 0:21:38   | 01:27:10 | 0:22:18   | 01:50:58 | 0:23:48   | 02:18:02 | 0:27:04   |
| A 男子30キロ | 60  | A80  | 東 充良    | 2:18:03 | 2:17:52 | 00:24:26 | 0:24:15 | 00:47:46 | 0:23:20  | 01:11:06 | 0:23:20   | 01:34:18 | 0:23:12   | 01:56:53 | 0:22:35   | 02:18:03 | 0:21:10   |
| A 男子30キロ | 61  | A102 | 北野 勉    | 2:18:31 | 2:18:24 | 00:23:02 | 0:22:55 | 00:45:37 | 0:22:35  | 01:08:07 | 0:22:30   | 01:31:06 | 0:22:59   | 01:54:42 | 0:23:36   | 02:18:31 | 0:23:49   |
| A 男子30キロ | 62  | A110 | 杉山 浩一郎  | 2:18:50 | 2:18:40 | 00:23:26 | 0:23:16 | 00:46:38 | 0:23:12  | 01:09:20 | 0:22:42   | 01:32:27 | 0:23:07   | 01:55:33 | 0:23:06   | 02:18:50 | 0:23:17   |
| A 男子30キロ | 63  | A97  | 竹内 康行   | 2:19:01 | 2:18:54 | 00:22:51 | 0:22:44 | 00:45:53 | 0:23:02  | 01:08:59 | 0:23:06   | 01:32:10 | 0:23:11   | 01:55:32 | 0:23:22   | 02:19:01 | 0:23:29   |
| A 男子30キロ | 64  | A129 | 高橋 滋    | 2:20:19 | 2:20:09 | 00:24:55 | 0:24:45 | 00:49:04 | 0:24:09  | 01:12:45 | 0:23:41   | 01:35:35 | 0:22:50   | 01:58:14 | 0:22:39   | 02:20:19 | 0:22:05   |
| A 男子30キロ | 65  | A106 | 峽戸 憲史   | 2:20:28 | 2:20:20 | 00:23:22 | 0:23:14 | 00:46:40 | 0:23:18  | 01:09:50 | 0:23:10   | 01:33:24 | 0:23:34   | 01:57:23 | 0:23:59   | 02:20:28 | 0:23:05   |
| A 男子30キロ | 66  | A470 | 鍛冶 達弘   | 2:20:38 | 2:20:30 | 00:23:03 | 0:22:55 | 00:45:35 | 0:22:32  | 01:08:33 | 0:22:58   | 01:31:34 | 0:23:01   | 01:55:21 | 0:23:47   | 02:20:38 | 0:25:17   |
| A 男子30キロ | 67  | A151 | 溝渕 浩二   | 2:21:11 | 2:20:56 | 00:23:05 | 0:22:50 | 00:45:20 | 0:22:15  | 01:07:51 | 0:22:31   | 01:30:52 | 0:23:01   | 01:54:47 | 0:23:55   | 02:21:11 | 0:26:24   |
| A 男子30キロ | 68  | A127 | 河合 正明   | 2:21:18 | 2:21:04 | 00:22:13 | 0:21:59 | 00:44:15 | 0:22:02  | 01:06:47 | 0:22:32   | 01:29:56 | 0:23:09   | 01:54:39 | 0:24:43   | 02:21:18 | 0:26:39   |
| A 男子30キロ | 69  | A81  | 北垣 隆司   | 2:21:30 | 2:21:22 | 00:23:21 | 0:23:13 | 00:46:41 | 0:23:20  | 01:10:08 | 0:23:27   | 01:33:53 | 0:23:45   | 01:57:57 | 0:24:04   | 02:21:30 | 0:23:33   |
| A 男子30キロ | 70  | A98  | 香川 勝彦   | 2:21:50 | 2:21:41 | 00:25:04 | 0:24:55 | 00:48:36 | 0:23:32  | 01:11:47 | 0:23:11   | 01:35:16 | 0:23:29   | 01:58:54 | 0:23:38   | 02:21:50 | 0:22:56   |
| A 男子30キロ | 71  | A135 | 金山 敬三   | 2:22:04 | 2:21:46 | 00:24:13 | 0:23:55 | 00:47:45 | 0:23:32  | 01:11:05 | 0:23:20   | 01:34:18 | 0:23:13   | 01:57:59 | 0:23:41   | 02:22:04 | 0:24:05   |
| A 男子30キロ | 72  | A120 | 鈴木 一明   | 2:22:20 | 2:21:45 | 00:26:06 | 0:25:31 | 00:49:27 | 0:23:21  | 01:12:55 | 0:23:28   | 01:36:16 | 0:23:21   | 01:59:25 | 0:23:09   | 02:22:20 | 0:22:55   |
| A 男子30キロ | 73  | A107 | 三島 正己   | 2:22:33 | 2:22:24 | 00:23:37 | 0:23:28 | 00:47:04 | 0:23:27  | 01:10:31 | 0:23:27   | 01:34:22 | 0:23:51   | 01:58:27 | 0:24:05   | 02:22:33 | 0:24:06   |
| A 男子30キロ | 74  | A13  | 車田 毅文   | 2:22:55 | 2:22:27 | 00:23:48 | 0:23:20 | 00:45:45 | 0:21:57  | 01:07:05 | 0:21:20   | 01:28:41 | 0:21:36   | 01:53:03 | 0:24:22   | 02:22:55 | 0:29:52   |
| A 男子30キロ | 75  | A179 | 花家 保宏   | 2:22:58 | 2:22:53 | 00:22:41 | 0:22:36 | 00:45:34 | 0:22:53  | 01:09:00 | 0:23:26   | 01:33:04 | 0:24:04   | 01:57:52 | 0:24:48   | 02:22:58 | 0:25:06   |
| A 男子30キロ | 76  | A71  | 高橋 亮太   | 2:23:04 | 2:22:56 | 00:23:34 | 0:23:26 | 00:47:28 | 0:23:54  | 01:11:05 | 0:23:37   | 01:35:00 | 0:23:55   | 01:59:21 | 0:24:21   | 02:23:04 | 0:23:43   |
| A 男子30キロ | 77  | A119 | 森 太志    | 2:23:14 | 2:23:04 | 00:23:20 | 0:23:10 | 00:46:43 | 0:23:23  | 01:09:47 | 0:23:04   | 01:33:19 | 0:23:32   | 01:57:57 | 0:24:38   | 02:23:14 | 0:25:17   |
| A 男子30キロ | 78  | A116 | 佐々木 喜代文 | 2:23:42 | 2:23:31 | 00:25:06 | 0:24:55 | 00:49:03 | 0:23:57  | 01:12:14 | 0:23:11   | 01:35:49 | 0:23:35   | 01:59:38 | 0:23:49   | 02:23:42 | 0:24:04   |
| A 男子30キロ | 79  | A101 | 坪内 建樹   | 2:23:52 | 2:23:45 | 00:23:31 | 0:23:24 | 00:47:02 | 0:23:31  | 01:10:45 | 0:23:43   | 01:34:56 | 0:24:11   | 01:59:24 | 0:24:28   | 02:23:52 | 0:24:28   |
| A 男子30キロ | 80  | A121 | 福永 政雄   | 2:24:05 | 2:23:49 | 00:25:13 | 0:24:57 | 00:49:01 | 0:23:48  | 01:12:28 | 0:23:27   | 01:36:09 | 0:23:41   | 02:00:00 | 0:23:51   | 02:24:05 | 0:24:05   |
| A 男子30キロ | 81  | A389 | 坂井 敏浩   | 2:24:31 | 2:24:21 | 00:25:06 | 0:24:56 | 00:50:01 | 0:24:55  | 01:14:19 | 0:24:18   | 01:38:01 | 0:23:42   | 02:01:38 | 0:23:37   | 02:24:31 | 0:22:53   |
| A 男子30キロ | 82  | A118 | 金沢 徹    | 2:24:46 | 2:24:30 | 00:24:45 | 0:24:29 | 00:49:19 | 0:24:34  | 01:13:35 | 0:24:16   | 01:37:27 | 0:23:52   | 02:01:12 | 0:23:45   | 02:24:46 | 0:23:34   |
| A 男子30キロ | 83  | A61  | 市来 幸二   | 2:24:46 | 2:24:37 | 00:23:15 | 0:23:06 | 00:46:03 | 0:22:48  | 01:09:18 | 0:23:15   | 01:33:15 | 0:23:57   | 01:58:07 | 0:24:52   | 02:24:46 | 0:26:39   |
| A 男子30キロ | 84  | A384 | 森 裕和    | 2:24:48 | 2:24:37 | 00:25:04 | 0:24:53 | 00:50:02 | 0:24:58  | 01:14:54 | 0:24:52   | 01:39:42 | 0:24:48   | 02:04:10 | 0:24:28   | 02:24:48 | 0:20:38   |
| A 男子30キロ | 85  | A154 | 藤原 和也   | 2:24:50 | 2:23:50 | 00:24:26 | 0:23:26 | 00:47:46 | 0:23:20  | 01:11:06 | 0:23:20   | 01:34:19 | 0:23:13   | 01:59:08 | 0:24:49   | 02:24:50 | 0:25:42   |
| A 男子30キロ | 86  | A65  | 井上 裕文   | 2:25:06 | 2:25:01 | 00:21:34 | 0:21:29 | 00:44:21 | 0:22:47  | 01:08:39 | 0:24:18   | 01:34:17 | 0:25:38   | 02:00:02 | 0:25:45   | 02:25:06 | 0:25:04   |
| A 男子30キロ | 87  | A117 | 水橋 勝美   | 2:25:12 | 2:25:01 | 00:25:06 | 0:24:55 | 00:50:00 | 0:24:54  | 01:14:33 | 0:24:33   | 01:38:40 | 0:24:07   | 02:02:10 | 0:23:30   | 02:25:12 | 0:23:02   |
| A 男子30キロ | 88  | A64  | 佃 明光    | 2:25:30 | 2:25:15 | 00:23:57 | 0:23:42 | 00:47:01 | 0:23:04  | 01:10:19 | 0:23:18   | 01:34:39 | 0:24:20   | 02:01:11 | 0:26:32   | 02:25:30 | 0:24:19   |
| A 男子30キロ | 89  | A143 | 和田 洋一   | 2:25:58 | 2:25:46 | 00:25:03 | 0:24:51 | 00:50:00 | 0:24:57  | 01:14:52 | 0:24:52   | 01:39:37 | 0:24:45   | 02:03:24 | 0:23:47   | 02:25:58 | 0:22:34   |
| A 男子30キロ | 90  | A177 | 江田 安宏   | 2:26:15 | 2:25:56 | 00:25:19 | 0:25:00 | 00:50:20 | 0:25:01  | 01:15:06 | 0:24:46   | 01:39:51 | 0:24:45   | 02:03:34 | 0:23:43   | 02:26:15 | 0:22:41   |
| A 男子30キロ | 91  | A396 | 滝本 義久   | 2:26:19 | 2:26:07 | 00:25:05 | 0:24:53 | 00:49:58 | 0:24:53  | 01:14:40 | 0:24:42   | 01:39:00 | 0:24:20   | 02:02:53 | 0:23:53   | 02:26:19 | 0:23:26   |
| A 男子30キロ | 92  | A86  | 野々口 直輝  | 2:26:20 | 2:26:14 | 00:21:06 | 0:21:00 | 00:42:34 | 0:21:28  | 01:05:36 | 0:23:02   | 01:29:56 | 0:24:20   | 01:55:54 | 0:25:58   | 02:26:20 | 0:30:26   |
| A 男子30キロ | 93  | A134 | 麻生 扶実也  | 2:26:32 | 2:26:14 | 00:25:09 | 0:24:51 | 00:50:03 | 0:24:54  | 01:14:54 | 0:24:51   | 01:39:41 | 0:24:47   | 02:03:17 | 0:23:36   | 02:26:32 | 0:23:15   |
| A 男子30キロ | 94  | A174 | 岸元 克巳   | 2:26:34 | 2:26:22 | 00:25:11 | 0:24:59 | 00:50:10 | 0:24:59  | 01:15:01 | 0:24:51   | 01:39:48 | 0:24:47   | 02:03:21 | 0:23:33   | 02:26:34 | 0:23:13   |
| A 男子30キロ | 95  | A380 | 藤井 善豪   | 2:26:46 | 2:26:33 | 00:25:04 | 0:24:51 | 00:50:02 | 0:24:58  | 01:14:53 | 0:24:51   | 01:39:42 | 0:24:49   | 02:03:55 | 0:24:13   | 02:26:46 | 0:22:51   |
| A 男子30キロ | 96  | A78  | 岩井 清    | 2:26:52 | 2:26:39 | 00:25:09 | 0:24:56 | 00:51:05 | 0:25:56  | 01:14:59 | 0:23:54   | 01:39:40 | 0:24:41   | 02:04:17 | 0:24:37   | 02:26:52 | 0:22:35   |
| A 男子30キロ | 97  | A104 | 光田 陽介   | 2:26:53 | 2:26:43 | 00:25:04 | 0:24:54 | 00:50:02 | 0:24:58  | 01:14:53 | 0:24:51   | 01:39:41 | 0:24:48   | 02:04:19 | 0:24:38   | 02:26:53 | 0:22:34   |
| A 男子30キロ | 98  | A181 | 栗林 正典   | 2:26:53 | 2:26:43 | 00:25:03 | 0:24:53 | 00:50:01 | 0:24:58  | 01:14:53 | 0:24:52   | 01:39:37 | 0:24:44   | 02:04:03 | 0:24:26   | 02:26:53 | 0:22:50   |
| A 男子30キロ | 99  | A146 | 辻 真吾    | 2:27:04 | 2:26:52 | 00:25:16 | 0:25:04 | 00:50:08 | 0:24:52  | 01:14:58 | 0:24:50   | 01:39:43 | 0:24:45   | 02:04:21 | 0:24:38   | 02:27:04 | 0:22:43   |
| A 男子30キロ | 100 | A89  | 島田 洋    | 2:27:05 | 2:26:55 | 00:25:04 | 0:24:54 | 00:50:01 | 0:24:57  | 01:14:51 | 0:24:50   | 01:39:34 | 0:24:43   | 02:03:25 | 0:23:51   | 02:27:05 | 0:23:40   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 101 | A169 | 森田 昌明  | 2:27:06 | 2:26:52 | 00:25:13 | 0:24:59 | 00:50:05 | 0:24:52  | 01:14:54 | 0:24:49   | 01:39:41 | 0:24:47   | 02:04:21 | 0:24:40   | 02:27:06 | 0:22:45   |
| A 男子30キロ | 102 | A140 | 平野 憲弘  | 2:27:10 | 2:26:54 | 00:25:15 | 0:24:59 | 00:50:07 | 0:24:52  | 01:14:54 | 0:24:47   | 01:39:48 | 0:24:54   | 02:04:22 | 0:24:34   | 02:27:10 | 0:22:48   |
| A 男子30キロ | 103 | A522 | 柳原 太志  | 2:27:11 | 2:26:30 | 00:28:18 | 0:27:37 | 00:52:36 | 0:24:18  | 01:16:47 | 0:24:11   | 01:41:03 | 0:24:16   | 02:03:54 | 0:22:51   | 02:27:11 | 0:23:17   |
| A 男子30キロ | 104 | A99  | 渡邊 茂   | 2:27:24 | 2:27:12 | 00:25:16 | 0:25:04 | 00:50:10 | 0:24:54  | 01:14:59 | 0:24:49   | 01:39:39 | 0:24:40   | 02:03:53 | 0:24:14   | 02:27:24 | 0:23:31   |
| A 男子30キロ | 105 | A288 | 梶谷 祐司  | 2:27:29 | 2:27:14 | 00:25:05 | 0:24:50 | 00:50:00 | 0:24:55  | 01:14:52 | 0:24:52   | 01:39:39 | 0:24:47   | 02:04:05 | 0:24:26   | 02:27:29 | 0:23:24   |
| A 男子30キロ | 106 | A469 | 植田 真吾  | 2:27:29 | 2:27:08 | 00:26:22 | 0:26:01 | 00:50:13 | 0:23:51  | 01:14:58 | 0:24:45   | 01:39:46 | 0:24:48   | 02:04:22 | 0:24:36   | 02:27:29 | 0:23:07   |
| A 男子30キロ | 107 | A114 | 井上 涼   | 2:27:30 | 2:27:19 | 00:25:06 | 0:24:55 | 00:50:01 | 0:24:55  | 01:14:51 | 0:24:50   | 01:39:39 | 0:24:48   | 02:04:18 | 0:24:39   | 02:27:30 | 0:23:12   |
| A 男子30キロ | 108 | A195 | 手塚 尚樹  | 2:27:31 | 2:27:15 | 00:25:17 | 0:25:01 | 00:50:07 | 0:24:50  | 01:14:59 | 0:24:52   | 01:39:48 | 0:24:49   | 02:04:22 | 0:24:34   | 02:27:31 | 0:23:09   |
| A 男子30キロ | 109 | A155 | 斉藤 剛   | 2:27:31 | 2:27:19 | 00:25:09 | 0:24:57 | 00:50:03 | 0:24:54  | 01:14:49 | 0:24:46   | 01:39:39 | 0:24:50   | 02:04:14 | 0:24:35   | 02:27:31 | 0:23:17   |
| A 男子30キロ | 110 | A147 | 岡本 泰光  | 2:27:32 | 2:27:19 | 00:25:19 | 0:25:06 | 00:50:12 | 0:24:53  | 01:15:02 | 0:24:50   | 01:39:49 | 0:24:47   | 02:04:21 | 0:24:32   | 02:27:32 | 0:23:11   |
| A 男子30キロ | 111 | A345 | 原 典宏   | 2:27:32 | 2:27:14 | 00:25:12 | 0:24:54 | 00:50:06 | 0:24:54  | 01:14:58 | 0:24:52   | 01:39:43 | 0:24:45   | 02:04:22 | 0:24:39   | 02:27:32 | 0:23:10   |
| A 男子30キロ | 112 | A87  | 土島 圭一郎 | 2:27:46 | 2:27:37 | 00:25:09 | 0:25:00 | 00:50:05 | 0:24:56  | 01:14:55 | 0:24:50   | 01:39:46 | 0:24:51   | 02:04:06 | 0:24:20   | 02:27:46 | 0:23:40   |
| A 男子30キロ | 113 | A490 | 植田 浩一  | 2:27:52 | 2:27:38 | 00:25:08 | 0:24:54 | 00:50:01 | 0:24:53  | 01:14:47 | 0:24:46   | 01:38:57 | 0:24:10   | 02:03:09 | 0:24:12   | 02:27:52 | 0:24:43   |
| A 男子30キロ | 114 | A148 | 斎藤 亮   | 2:28:04 | 2:27:57 | 00:22:31 | 0:22:24 | 00:45:19 | 0:22:48  | 01:09:13 | 0:23:54   | 01:33:32 | 0:24:19   | 01:58:41 | 0:25:09   | 02:28:04 | 0:29:23   |
| A 男子30キロ | 115 | A113 | 園田 俊彦  | 2:28:12 | 2:28:07 | 00:21:41 | 0:21:36 | 00:44:38 | 0:22:57  | 01:07:54 | 0:23:16   | 01:31:24 | 0:23:30   | 01:57:50 | 0:26:26   | 02:28:12 | 0:30:22   |
| A 男子30キロ | 116 | A237 | 柿原 浩二  | 2:28:41 | 2:28:23 | 00:25:43 | 0:25:25 | 00:50:23 | 0:24:40  | 01:15:12 | 0:24:49   | 01:39:58 | 0:24:46   | 02:04:40 | 0:24:42   | 02:28:41 | 0:24:01   |
| A 男子30キロ | 117 | A152 | 大泉 康一  | 2:28:45 | 2:28:34 | 00:25:16 | 0:25:05 | 00:50:12 | 0:24:56  | 01:15:05 | 0:24:53   | 01:39:50 | 0:24:45   | 02:04:21 | 0:24:31   | 02:28:45 | 0:24:24   |
| A 男子30キロ | 118 | A108 | 田村 欣士  | 2:28:48 | 2:27:38 | 00:26:32 | 0:25:22 | 00:50:41 | 0:24:09  | 01:14:55 | 0:24:14   | 01:39:53 | 0:24:58   | 02:04:44 | 0:24:51   | 02:28:48 | 0:24:04   |
| A 男子30キロ | 119 | A299 | 村上 隆史  | 2:28:48 | 2:28:31 | 00:25:28 | 0:25:11 | 00:50:19 | 0:24:51  | 01:15:05 | 0:24:46   | 01:39:48 | 0:24:43   | 02:04:30 | 0:24:42   | 02:28:48 | 0:24:18   |
| A 男子30キロ | 120 | A115 | 岩崎 篤史  | 2:28:51 | 2:28:40 | 00:25:15 | 0:25:04 | 00:50:01 | 0:24:46  | 01:14:46 | 0:24:45   | 01:39:36 | 0:24:50   | 02:04:17 | 0:24:41   | 02:28:51 | 0:24:34   |
| A 男子30キロ | 121 | A109 | 清水 克紀  | 2:28:55 | 2:28:45 | 00:25:07 | 0:24:57 | 00:50:03 | 0:24:56  | 01:14:54 | 0:24:51   | 01:39:42 | 0:24:48   | 02:04:22 | 0:24:40   | 02:28:55 | 0:24:33   |
| A 男子30キロ | 122 | A157 | 坂本 哲郎  | 2:28:58 | 2:28:48 | 00:25:14 | 0:25:04 | 00:50:12 | 0:24:58  | 01:14:59 | 0:24:47   | 01:39:53 | 0:24:54   | 02:04:28 | 0:24:35   | 02:28:58 | 0:24:30   |
| A 男子30キロ | 123 | A69  | 松岡 紀史  | 2:29:01 | 2:28:50 | 00:23:51 | 0:23:40 | 00:48:23 | 0:24:32  | 01:13:17 | 0:24:54   | 01:38:30 | 0:25:13   | 02:04:21 | 0:25:51   | 02:29:01 | 0:24:40   |
| A 男子30キロ | 124 | A477 | 湊 則男   | 2:29:02 | 2:28:52 | 00:25:03 | 0:24:53 | 00:50:01 | 0:24:58  | 01:14:52 | 0:24:51   | 01:39:40 | 0:24:48   | 02:04:18 | 0:24:38   | 02:29:02 | 0:24:44   |
| A 男子30キロ | 125 | A160 | 住田 輝文  | 2:29:03 | 2:28:54 | 00:25:09 | 0:25:00 | 00:50:01 | 0:24:52  | 01:14:53 | 0:24:52   | 01:39:43 | 0:24:50   | 02:04:23 | 0:24:40   | 02:29:03 | 0:24:40   |
| A 男子30キロ | 126 | A144 | 中原 繁   | 2:29:10 | 2:28:55 | 00:25:07 | 0:24:52 | 00:50:02 | 0:24:55  | 01:14:53 | 0:24:51   | 01:39:41 | 0:24:48   | 02:04:22 | 0:24:41   | 02:29:10 | 0:24:48   |
| A 男子30キロ | 127 | A103 | 玉置 慎一  | 2:29:22 | 2:29:11 | 00:25:03 | 0:24:52 | 00:49:05 | 0:24:02  | 01:12:49 | 0:23:44   | 01:36:30 | 0:23:41   | 02:00:57 | 0:24:27   | 02:29:22 | 0:28:25   |
| A 男子30キロ | 128 | A142 | 池内 正彰  | 2:29:33 | 2:29:22 | 00:25:06 | 0:24:55 | 00:50:07 | 0:25:01  | 01:14:56 | 0:24:49   | 01:39:46 | 0:24:50   | 02:04:40 | 0:24:54   | 02:29:33 | 0:24:53   |
| A 男子30キロ | 129 | A217 | 田中 亮   | 2:29:51 | 2:29:38 | 00:25:16 | 0:25:03 | 00:50:07 | 0:24:51  | 01:14:56 | 0:24:49   | 01:39:49 | 0:24:53   | 02:04:31 | 0:24:42   | 02:29:51 | 0:25:20   |
| A 男子30キロ | 130 | A284 | 立石 広人  | 2:31:25 | 2:31:09 | 00:25:36 | 0:25:20 | 00:50:46 | 0:25:10  | 01:15:38 | 0:24:52   | 01:40:33 | 0:24:55   | 02:05:48 | 0:25:15   | 02:31:25 | 0:25:37   |
| A 男子30キロ | 131 | A483 | 滝谷 由樹  | 2:31:37 | 2:31:22 | 00:25:18 | 0:25:03 | 00:50:27 | 0:25:09  | 01:15:38 | 0:25:11   | 01:40:59 | 0:25:21   | 02:06:28 | 0:25:29   | 02:31:37 | 0:25:09   |
| A 男子30キロ | 132 | A516 | 高野 哲   | 2:31:40 | 2:31:07 | 00:25:52 | 0:25:19 | 00:50:16 | 0:24:24  | 01:15:02 | 0:24:46   | 01:39:48 | 0:24:46   | 02:04:26 | 0:24:38   | 02:31:40 | 0:27:14   |
| A 男子30キロ | 133 | A9   | 田中 三太  | 2:32:29 | 2:32:20 | 00:25:03 | 0:24:54 | 00:50:01 | 0:24:58  | 01:14:53 | 0:24:52   | 01:39:40 | 0:24:47   | 02:06:12 | 0:26:32   | 02:32:29 | 0:26:17   |
| A 男子30キロ | 134 | A96  | 藤江 剛   | 2:32:48 | 2:32:36 | 00:25:08 | 0:24:56 | 00:50:03 | 0:24:55  | 01:14:56 | 0:24:53   | 01:39:40 | 0:24:44   | 02:05:23 | 0:25:43   | 02:32:48 | 0:27:25   |
| A 男子30キロ | 135 | A168 | 上田 雅昭  | 2:33:50 | 2:33:35 | 00:25:16 | 0:25:01 | 00:50:01 | 0:24:45  | 01:14:55 | 0:24:54   | 01:39:41 | 0:24:46   | 02:04:37 | 0:24:56   | 02:33:50 | 0:29:13   |
| A 男子30キロ | 136 | A223 | 中尾 弘海  | 2:33:53 | 2:33:42 | 00:25:11 | 0:25:00 | 00:50:07 | 0:24:56  | 01:15:00 | 0:24:53   | 01:40:50 | 0:25:50   | 02:08:02 | 0:27:12   | 02:33:53 | 0:25:51   |
| A 男子30キロ | 137 | A125 | 辰巳 和功  | 2:34:10 | 2:34:00 | 00:25:10 | 0:25:00 | 00:50:08 | 0:24:58  | 01:14:56 | 0:24:48   | 01:40:24 | 0:25:28   | 02:07:22 | 0:26:58   | 02:34:10 | 0:26:48   |
| A 男子30キロ | 138 | A199 | 藤野 浩孝  | 2:34:16 | 2:33:57 | 00:25:28 | 0:25:09 | 00:50:39 | 0:25:11  | 01:15:50 | 0:25:11   | 01:41:14 | 0:25:24   | 02:07:27 | 0:26:13   | 02:34:16 | 0:26:49   |
| A 男子30キロ | 139 | A130 | 芥川 浩二  | 2:34:16 | 2:34:02 | 00:25:14 | 0:25:00 | 00:50:06 | 0:24:52  | 01:14:59 | 0:24:53   | 01:39:45 | 0:24:46   | 02:04:47 | 0:25:02   | 02:34:16 | 0:29:29   |
| A 男子30キロ | 140 | A131 | 福原 敦士  | 2:34:20 | 2:34:03 | 00:25:42 | 0:25:25 | 00:50:47 | 0:25:05  | 01:14:59 | 0:24:12   | 01:39:30 | 0:24:31   | 02:06:28 | 0:26:58   | 02:34:20 | 0:27:52   |
| A 男子30キロ | 141 | A267 | 藤原 敏治  | 2:34:23 | 2:34:04 | 00:25:04 | 0:24:45 | 00:49:31 | 0:24:27  | 01:13:52 | 0:24:21   | 01:38:55 | 0:25:03   | 02:05:49 | 0:26:54   | 02:34:23 | 0:28:34   |
| A 男子30キロ | 142 | A133 | 志水 均   | 2:34:29 | 2:34:06 | 00:25:56 | 0:25:33 | 00:50:54 | 0:24:58  | 01:16:09 | 0:25:15   | 01:41:53 | 0:25:44   | 02:08:03 | 0:26:10   | 02:34:29 | 0:26:26   |
| A 男子30キロ | 143 | A496 | 鈴木 和也  | 2:34:51 | 2:31:19 | 00:27:57 | 0:24:25 | 00:53:26 | 0:25:29  | 01:19:25 | 0:25:59   | 01:44:52 | 0:25:27   | 02:10:46 | 0:25:54   | 02:34:51 | 0:24:05   |
| A 男子30キロ | 144 | A88  | 大西 克久  | 2:34:55 | 2:34:42 | 00:25:10 | 0:24:57 | 00:50:05 | 0:24:55  | 01:14:58 | 0:24:53   | 01:39:57 | 0:24:59   | 02:07:38 | 0:27:41   | 02:34:55 | 0:27:17   |
| A 男子30キロ | 145 | A153 | 村田 裕信  | 2:35:05 | 2:34:44 | 00:29:33 | 0:29:12 | 00:54:44 | 0:25:11  | 01:20:01 | 0:25:17   | 01:44:23 | 0:24:22   | 02:09:31 | 0:25:08   | 02:35:05 | 0:25:34   |
| A 男子30キロ | 146 | A137 | 長谷川 裕基 | 2:35:10 | 2:34:56 | 00:25:15 | 0:25:01 | 00:50:04 | 0:24:49  | 01:15:16 | 0:25:12   | 01:42:39 | 0:27:23   | 02:08:50 | 0:26:11   | 02:35:10 | 0:26:20   |
| A 男子30キロ | 147 | A236 | 酒井 貴昭  | 2:35:30 | 2:35:06 | 00:26:23 | 0:25:59 | 00:51:32 | 0:25:09  | 01:16:45 | 0:25:13   | 01:42:27 | 0:25:42   | 02:08:30 | 0:26:03   | 02:35:30 | 0:27:00   |
| A 男子30キロ | 148 | A363 | 高須賀 猛  | 2:35:46 | 2:35:33 | 00:25:09 | 0:24:56 | 00:50:04 | 0:24:55  | 01:14:57 | 0:24:53   | 01:41:17 | 0:26:20   | 02:08:56 | 0:27:39   | 02:35:46 | 0:26:50   |
| A 男子30キロ | 149 | A191 | 平田 泰史  | 2:35:49 | 2:35:32 | 00:25:56 | 0:25:39 | 00:51:53 | 0:25:57  | 01:17:49 | 0:25:56   | 01:43:46 | 0:25:57   | 02:09:49 | 0:26:03   | 02:35:49 | 0:26:00   |
| A 男子30キロ | 150 | A165 | 山口 貴史  | 2:36:22 | 2:36:06 | 00:26:57 | 0:26:41 | 00:52:55 | 0:25:58  | 01:18:27 | 0:25:32   | 01:43:59 | 0:25:32   | 02:10:16 | 0:26:17   | 02:36:22 | 0:26:06   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 151 | A270 | 松井 雅裕  | 2:36:28 | 2:36:16 | 00:25:22 | 0:25:10 | 00:50:30 | 0:25:08  | 01:15:43 | 0:25:13   | 01:41:24 | 0:25:41   | 02:08:24 | 0:27:00   | 02:36:28 | 0:28:04   |
| A 男子30キロ | 152 | A238 | 黒木 和志郎 | 2:36:33 | 2:36:12 | 00:26:59 | 0:26:38 | 00:53:04 | 0:26:05  | 01:18:55 | 0:25:51   | 01:45:03 | 0:26:08   | 02:10:49 | 0:25:46   | 02:36:33 | 0:25:44   |
| A 男子30キロ | 153 | A192 | 高宗 栄次  | 2:36:55 | 2:36:38 | 00:26:28 | 0:26:11 | 00:52:38 | 0:26:10  | 01:18:52 | 0:26:14   | 01:44:56 | 0:26:04   | 02:11:08 | 0:26:12   | 02:36:55 | 0:25:47   |
| A 男子30キロ | 154 | A173 | 名原 豪樹  | 2:37:03 | 2:36:48 | 00:27:53 | 0:27:38 | 00:53:31 | 0:25:38  | 01:19:13 | 0:25:42   | 01:44:43 | 0:25:30   | 02:10:44 | 0:26:01   | 02:37:03 | 0:26:19   |
| A 男子30キロ | 155 | A166 | 坂田 晃一  | 2:37:06 | 2:37:03 | 00:24:29 | 0:24:26 | 00:50:08 | 0:25:39  | 01:16:32 | 0:26:24   | 01:43:06 | 0:26:34   | 02:10:07 | 0:27:01   | 02:37:06 | 0:26:59   |
| A 男子30キロ | 156 | A328 | 渡辺 一史  | 2:37:42 | 2:37:15 | 00:28:34 | 0:28:07 | 00:54:55 | 0:26:21  | 01:20:31 | 0:25:36   | 01:46:08 | 0:25:37   | 02:12:13 | 0:26:05   | 02:37:42 | 0:25:29   |
| A 男子30キロ | 157 | A164 | 西田 圭吾  | 2:38:23 | 2:38:04 | 00:26:17 | 0:25:58 | 00:52:13 | 0:25:56  | 01:17:55 | 0:25:42   | 01:43:24 | 0:25:29   | 02:10:10 | 0:26:46   | 02:38:23 | 0:28:13   |
| A 男子30キロ | 158 | A188 | 多井 友和  | 2:38:37 | 2:38:05 | 00:28:04 | 0:27:32 | 00:53:40 | 0:25:36  | 01:18:49 | 0:25:09   | 01:44:24 | 0:25:35   | 02:11:14 | 0:26:50   | 02:38:37 | 0:27:23   |
| A 男子30キロ | 159 | A330 | 瀧下 史希  | 2:39:23 | 2:39:03 | 00:26:21 | 0:26:01 | 00:52:15 | 0:25:54  | 01:17:56 | 0:25:41   | 01:43:57 | 0:26:01   | 02:11:06 | 0:27:09   | 02:39:23 | 0:28:17   |
| A 男子30キロ | 160 | A354 | 矢尾 和三  | 2:39:27 | 2:39:11 | 00:26:31 | 0:26:15 | 00:52:52 | 0:26:21  | 01:19:12 | 0:26:20   | 01:45:42 | 0:26:30   | 02:12:30 | 0:26:48   | 02:39:27 | 0:26:57   |
| A 男子30キロ | 161 | A322 | 中村 法人  | 2:39:40 | 2:39:18 | 00:27:56 | 0:27:34 | 00:54:34 | 0:26:38  | 01:20:22 | 0:25:48   | 01:48:34 | 0:28:12   | 02:14:39 | 0:26:05   | 02:39:40 | 0:25:01   |
| A 男子30キロ | 162 | A158 | 田上 賢志  | 2:39:46 | 2:39:16 | 00:28:16 | 0:27:46 | 00:56:21 | 0:28:05  | 01:23:34 | 0:27:13   | 01:49:33 | 0:25:59   | 02:15:02 | 0:25:29   | 02:39:46 | 0:24:44   |
| A 男子30キロ | 163 | A214 | 北村 文雄  | 2:39:51 | 2:39:37 | 00:26:12 | 0:25:58 | 00:53:33 | 0:27:21  | 01:19:49 | 0:26:16   | 01:46:44 | 0:26:55   | 02:13:27 | 0:26:43   | 02:39:51 | 0:26:24   |
| A 男子30キロ | 164 | A162 | 中村 光一  | 2:39:54 | 2:39:36 | 00:25:40 | 0:25:22 | 00:50:18 | 0:24:38  | 01:15:04 | 0:24:46   | 01:40:29 | 0:25:25   | 02:10:07 | 0:29:38   | 02:39:54 | 0:29:47   |
| A 男子30キロ | 165 | A204 | 井上 晴之  | 2:40:15 | 2:39:49 | 00:27:16 | 0:26:50 | 00:52:56 | 0:25:40  | 01:18:28 | 0:25:32   | 01:44:13 | 0:25:45   | 02:12:27 | 0:28:14   | 02:40:15 | 0:27:48   |
| A 男子30キロ | 166 | A381 | 三鬼 堅成  | 2:40:20 | 2:40:07 | 00:25:39 | 0:25:26 | 00:51:12 | 0:25:33  | 01:17:19 | 0:26:07   | 01:44:04 | 0:26:45   | 02:11:47 | 0:27:43   | 02:40:20 | 0:28:33   |
| A 男子30キロ | 167 | A307 | 森本 善暁  | 2:40:47 | 2:40:33 | 00:25:08 | 0:24:54 | 00:50:03 | 0:24:55  | 01:14:53 | 0:24:50   | 01:39:54 | 0:25:01   | 02:09:37 | 0:29:43   | 02:40:47 | 0:31:10   |
| A 男子30キロ | 168 | A453 | 田尻 威巳  | 2:40:58 | 2:40:44 | 00:25:11 | 0:24:57 | 00:50:15 | 0:25:04  | 01:16:20 | 0:26:05   | 01:40:59 | 0:24:39   | 02:08:27 | 0:27:28   | 02:40:58 | 0:32:31   |
| A 男子30キロ | 169 | A210 | 松村 裕史  | 2:41:38 | 2:40:28 | 00:28:29 | 0:27:19 | 00:55:14 | 0:26:45  | 01:21:58 | 0:26:44   | 01:48:34 | 0:26:36   | 02:15:27 | 0:26:53   | 02:41:38 | 0:26:11   |
| A 男子30キロ | 170 | A170 | 首藤 充良  | 2:41:48 | 2:41:28 | 00:28:18 | 0:27:58 | 00:55:39 | 0:27:21  | 01:22:23 | 0:26:44   | 01:49:10 | 0:26:47   | 02:15:42 | 0:26:32   | 02:41:48 | 0:26:06   |
| A 男子30キロ | 171 | A479 | 上畑 正和  | 2:41:54 | 2:41:26 | 00:28:20 | 0:27:52 | 00:55:50 | 0:27:30  | 01:23:17 | 0:27:27   | 01:50:39 | 0:27:22   | 02:17:22 | 0:26:43   | 02:41:54 | 0:24:32   |
| A 男子30キロ | 172 | A201 | 堤 克彦   | 2:41:56 | 2:41:30 | 00:28:12 | 0:27:46 | 00:54:38 | 0:26:26  | 01:21:31 | 0:26:53   | 01:48:24 | 0:26:53   | 02:15:14 | 0:26:50   | 02:41:56 | 0:26:42   |
| A 男子30キロ | 173 | A251 | 古戸 健   | 2:42:05 | 2:41:40 | 00:28:18 | 0:27:53 | 00:56:23 | 0:28:05  | 01:24:05 | 0:27:42   | 01:51:38 | 0:27:33   | 02:17:14 | 0:25:36   | 02:42:05 | 0:24:51   |
| A 男子30キロ | 174 | A480 | 内村 雅紀  | 2:42:43 | 2:42:30 | 00:25:06 | 0:24:53 | 00:50:01 | 0:24:55  | 01:14:55 | 0:24:54   | 01:39:47 | 0:24:52   | 02:06:19 | 0:26:32   | 02:42:43 | 0:36:24   |
| A 男子30キロ | 175 | A189 | 椎名 稔   | 2:43:06 | 2:42:51 | 00:26:35 | 0:26:20 | 00:53:07 | 0:26:32  | 01:19:28 | 0:26:21   | 01:46:29 | 0:27:01   | 02:14:28 | 0:27:59   | 02:43:06 | 0:28:38   |
| A 男子30キロ | 176 | A202 | 乾 幸雄   | 2:43:13 | 2:42:51 | 00:27:48 | 0:27:26 | 00:54:55 | 0:27:07  | 01:22:19 | 0:27:24   | 01:49:10 | 0:26:51   | 02:15:47 | 0:26:37   | 02:43:13 | 0:27:26   |
| A 男子30キロ | 177 | A310 | 伊藤 勝彦  | 2:43:26 | 2:42:57 | 00:27:12 | 0:26:43 | 00:53:06 | 0:25:54  | 01:19:12 | 0:26:06   | 01:46:25 | 0:27:13   | 02:14:16 | 0:27:51   | 02:43:26 | 0:29:10   |
| A 男子30キロ | 178 | A341 | 山本 海人  | 2:43:29 | 2:42:56 | 00:28:37 | 0:28:04 | 00:57:23 | 0:28:46  | 01:24:23 | 0:27:00   | 01:52:00 | 0:27:37   | 02:18:34 | 0:26:34   | 02:43:29 | 0:24:55   |
| A 男子30キロ | 179 | A239 | 中江 清造  | 2:43:36 | 2:43:15 | 00:27:47 | 0:27:26 | 00:55:11 | 0:27:24  | 01:22:14 | 0:27:03   | 01:49:12 | 0:26:58   | 02:16:17 | 0:27:05   | 02:43:36 | 0:27:19   |
| A 男子30キロ | 180 | A371 | 丸岡 弘幸  | 2:43:42 | 2:43:33 | 00:25:03 | 0:24:54 | 00:51:19 | 0:26:16  | 01:14:52 | 0:23:33   | 01:39:50 | 0:24:58   | 02:13:02 | 0:33:12   | 02:43:42 | 0:30:40   |
| A 男子30キロ | 181 | A242 | 恒川 浩明  | 2:43:44 | 2:43:21 | 00:28:40 | 0:28:17 | 00:56:21 | 0:27:41  | 01:24:06 | 0:27:45   | 01:51:54 | 0:27:48   | 02:19:36 | 0:27:42   | 02:43:44 | 0:24:08   |
| A 男子30キロ | 182 | A222 | 幸野 隆司  | 2:44:00 | 2:43:30 | 00:28:24 | 0:27:54 | 00:56:23 | 0:27:59  | 01:24:06 | 0:27:43   | 01:51:59 | 0:27:53   | 02:19:43 | 0:27:44   | 02:44:00 | 0:24:17   |
| A 男子30キロ | 183 | A234 | 川本 一喜  | 2:44:06 | 2:43:40 | 00:28:21 | 0:27:55 | 00:56:27 | 0:28:06  | 01:23:59 | 0:27:32   | 01:50:59 | 0:27:00   | 02:17:42 | 0:26:43   | 02:44:06 | 0:26:24   |
| A 男子30キロ | 184 | A286 | 正喜 忠臣  | 2:44:22 | 2:43:54 | 00:28:25 | 0:27:57 | 00:55:45 | 0:27:20  | 01:23:11 | 0:27:26   | 01:50:22 | 0:27:11   | 02:17:37 | 0:27:15   | 02:44:22 | 0:26:45   |
| A 男子30キロ | 185 | A185 | 芳賀 清文  | 2:44:29 | 2:44:12 | 00:27:12 | 0:26:55 | 00:54:19 | 0:27:07  | 01:21:45 | 0:27:26   | 01:49:24 | 0:27:39   | 02:16:55 | 0:27:31   | 02:44:29 | 0:27:34   |
| A 男子30キロ | 186 | A352 | 武部 義行  | 2:44:47 | 2:44:27 | 00:28:28 | 0:28:08 | 00:58:29 | 0:30:01  | 01:25:56 | 0:27:27   | 01:54:26 | 0:28:30   | 02:20:15 | 0:25:49   | 02:44:47 | 0:24:32   |
| A 男子30キロ | 187 | A312 | 益田 有生  | 2:44:58 | 2:44:36 | 00:28:26 | 0:28:04 | 00:55:56 | 0:27:30  | 01:22:34 | 0:26:38   | 01:49:14 | 0:26:40   | 02:16:54 | 0:27:40   | 02:44:58 | 0:28:04   |
| A 男子30キロ | 188 | A219 | 多留 寛成  | 2:45:00 | 2:44:33 | 00:28:17 | 0:27:50 | 00:57:14 | 0:28:57  | 01:24:04 | 0:26:50   | 01:51:54 | 0:27:50   | 02:19:34 | 0:27:40   | 02:45:00 | 0:25:26   |
| A 男子30キロ | 189 | A111 | 磯道 康弘  | 2:45:01 | 2:44:43 | 00:27:23 | 0:27:05 | 00:54:31 | 0:27:08  | 01:21:25 | 0:26:54   | 01:48:30 | 0:27:05   | 02:16:14 | 0:27:44   | 02:45:01 | 0:28:47   |
| A 男子30キロ | 190 | A283 | 荒尾 耕平  | 2:45:04 | 2:44:30 | 00:27:54 | 0:27:20 | 00:54:12 | 0:26:18  | 01:20:31 | 0:26:19   | 01:47:22 | 0:26:51   | 02:15:53 | 0:28:31   | 02:45:04 | 0:29:11   |
| A 男子30キロ | 191 | A225 | 清水 延啓  | 2:45:17 | 2:44:57 | 00:28:11 | 0:27:51 | 00:54:51 | 0:26:40  | 01:21:41 | 0:26:50   | 01:48:48 | 0:27:07   | 02:16:54 | 0:28:06   | 02:45:17 | 0:28:23   |
| A 男子30キロ | 192 | A196 | 松根 琢   | 2:45:24 | 2:45:10 | 00:25:16 | 0:25:02 | 00:50:55 | 0:25:39  | 01:17:59 | 0:27:04   | 01:46:44 | 0:28:45   | 02:16:38 | 0:29:54   | 02:45:24 | 0:28:46   |
| A 男子30キロ | 193 | A290 | 藤原 常樹  | 2:45:26 | 2:44:50 | 00:28:24 | 0:27:48 | 00:56:30 | 0:28:06  | 01:24:20 | 0:27:50   | 01:52:02 | 0:27:42   | 02:19:39 | 0:27:37   | 02:45:26 | 0:25:47   |
| A 男子30キロ | 194 | A190 | 畠澤 啓太郎 | 2:45:36 | 2:45:16 | 00:28:14 | 0:27:54 | 00:56:16 | 0:28:02  | 01:24:01 | 0:27:45   | 01:51:35 | 0:27:34   | 02:19:03 | 0:27:28   | 02:45:36 | 0:26:33   |
| A 男子30キロ | 195 | A216 | 中田 雅之  | 2:45:42 | 2:45:20 | 00:28:23 | 0:28:01 | 00:56:26 | 0:28:03  | 01:24:07 | 0:27:41   | 01:51:54 | 0:27:47   | 02:19:40 | 0:27:46   | 02:45:42 | 0:26:02   |
| A 男子30キロ | 196 | A203 | 迎畑 公彦  | 2:45:42 | 2:45:13 | 00:27:10 | 0:26:41 | 00:53:57 | 0:26:47  | 01:21:02 | 0:27:05   | 01:49:02 | 0:28:00   | 02:17:17 | 0:28:15   | 02:45:42 | 0:28:25   |
| A 男子30キロ | 197 | A186 | 阿河 雅也  | 2:45:47 | 2:45:24 | 00:28:27 | 0:28:04 | 00:55:38 | 0:27:11  | 01:23:04 | 0:27:26   | 01:50:20 | 0:27:16   | 02:17:53 | 0:27:33   | 02:45:47 | 0:27:54   |
| A 男子30キロ | 198 | A224 | 和久 修三  | 2:45:54 | 2:45:35 | 00:28:17 | 0:27:58 | 00:56:22 | 0:28:05  | 01:23:38 | 0:27:16   | 01:50:47 | 0:27:09   | 02:18:21 | 0:27:34   | 02:45:54 | 0:27:33   |
| A 男子30キロ | 199 | A339 | 伊藤 裕一  | 2:46:08 | 2:45:52 | 00:28:06 | 0:27:50 | 00:56:02 | 0:27:56  | 01:23:58 | 0:27:56   | 01:51:47 | 0:27:49   | 02:19:35 | 0:27:48   | 02:46:08 | 0:26:33   |
| A 男子30キロ | 200 | A230 | 橋本 賢二  | 2:46:15 | 2:45:47 | 00:28:18 | 0:27:50 | 00:56:22 | 0:28:04  | 01:24:05 | 0:27:43   | 01:51:55 | 0:27:50   | 02:19:39 | 0:27:44   | 02:46:15 | 0:26:36   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名        | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|-----------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |           |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 201 | A318 | 西村 隆夫     | 2:46:15 | 2:45:42 | 00:28:28 | 0:27:55 | 00:56:12 | 0:27:44  | 01:24:14 | 0:28:02   | 01:51:46 | 0:27:32   | 02:19:32 | 0:27:46   | 02:46:15 | 0:26:43   |
| A 男子30キロ | 202 | A246 | 出野 尊一     | 2:46:16 | 2:45:55 | 00:28:30 | 0:28:09 | 00:56:28 | 0:27:58  | 01:24:08 | 0:27:40   | 01:51:57 | 0:27:49   | 02:19:40 | 0:27:43   | 02:46:16 | 0:26:36   |
| A 男子30キロ | 203 | A462 | 山本 英也     | 2:46:17 | 2:45:46 | 00:28:18 | 0:27:47 | 00:56:23 | 0:28:05  | 01:24:12 | 0:27:49   | 01:51:56 | 0:27:44   | 02:19:43 | 0:27:47   | 02:46:17 | 0:26:34   |
| A 男子30キロ | 204 | A272 | 鳥羽 拓幸     | 2:46:19 | 2:45:51 | 00:28:24 | 0:27:56 | 00:56:29 | 0:28:05  | 01:24:14 | 0:27:45   | 01:51:59 | 0:27:45   | 02:19:42 | 0:27:43   | 02:46:19 | 0:26:37   |
| A 男子30キロ | 205 | A252 | 中岡 孝太     | 2:46:25 | 2:46:00 | 00:28:24 | 0:27:59 | 00:56:27 | 0:28:03  | 01:24:14 | 0:27:47   | 01:51:55 | 0:27:41   | 02:19:39 | 0:27:44   | 02:46:25 | 0:26:46   |
| A 男子30キロ | 206 | A197 | 石中 和夫     | 2:46:26 | 2:45:52 | 00:28:35 | 0:28:01 | 00:56:33 | 0:27:58  | 01:24:14 | 0:27:41   | 01:52:02 | 0:27:48   | 02:19:43 | 0:27:41   | 02:46:26 | 0:26:43   |
| A 男子30キロ | 207 | A212 | 澤井 一幸     | 2:46:26 | 2:46:06 | 00:28:19 | 0:27:59 | 00:56:24 | 0:28:05  | 01:24:10 | 0:27:46   | 01:51:55 | 0:27:45   | 02:19:42 | 0:27:47   | 02:46:26 | 0:26:44   |
| A 男子30キロ | 208 | A349 | 山口 進康     | 2:46:39 | 2:46:12 | 00:28:18 | 0:27:51 | 00:56:31 | 0:28:13  | 01:24:07 | 0:27:36   | 01:51:58 | 0:27:51   | 02:19:53 | 0:27:55   | 02:46:39 | 0:26:46   |
| A 男子30キロ | 209 | A79  | 日高 彰人     | 2:46:41 | 2:46:25 | 00:28:17 | 0:28:01 | 00:56:22 | 0:28:05  | 01:24:04 | 0:27:42   | 01:51:54 | 0:27:50   | 02:19:42 | 0:27:48   | 02:46:41 | 0:26:59   |
| A 男子30キロ | 210 | A221 | 中田 雅博     | 2:46:42 | 2:46:18 | 00:28:29 | 0:28:05 | 00:56:27 | 0:27:58  | 01:24:30 | 0:28:03   | 01:52:16 | 0:27:46   | 02:19:44 | 0:27:28   | 02:46:42 | 0:26:58   |
| A 男子30キロ | 211 | A401 | 池谷 泰彰     | 2:46:43 | 2:46:07 | 00:28:32 | 0:27:56 | 00:56:27 | 0:27:55  | 01:24:16 | 0:27:49   | 01:52:15 | 0:27:59   | 02:19:53 | 0:27:38   | 02:46:43 | 0:26:50   |
| A 男子30キロ | 212 | A355 | 佐藤 忠      | 2:46:44 | 2:46:22 | 00:28:17 | 0:27:55 | 00:56:23 | 0:28:06  | 01:24:18 | 0:27:55   | 01:51:59 | 0:27:41   | 02:19:50 | 0:27:51   | 02:46:44 | 0:26:54   |
| A 男子30キロ | 213 | A531 | 今井 正司     | 2:46:48 | 2:46:18 | 00:28:29 | 0:27:59 | 00:56:36 | 0:28:07  | 01:24:13 | 0:27:37   | 01:51:58 | 0:27:45   | 02:19:46 | 0:27:48   | 02:46:48 | 0:27:02   |
| A 男子30キロ | 214 | A226 | 三浦 雄一     | 2:46:49 | 2:46:17 | 00:28:42 | 0:28:10 | 00:56:45 | 0:28:03  | 01:24:30 | 0:27:45   | 01:52:16 | 0:27:46   | 02:19:57 | 0:27:41   | 02:46:49 | 0:26:52   |
| A 男子30キロ | 215 | A206 | 上野 嘉久     | 2:46:54 | 2:46:34 | 00:28:24 | 0:28:04 | 00:56:33 | 0:28:09  | 01:24:23 | 0:27:50   | 01:52:06 | 0:27:43   | 02:19:46 | 0:27:40   | 02:46:54 | 0:27:08   |
| A 男子30キロ | 216 | A277 | 大沢 篤史     | 2:46:54 | 2:46:22 | 00:28:33 | 0:28:01 | 00:56:39 | 0:28:06  | 01:24:11 | 0:27:32   | 01:52:02 | 0:27:51   | 02:19:44 | 0:27:42   | 02:46:54 | 0:27:10   |
| A 男子30キロ | 217 | A205 | 深瀬 重雄     | 2:46:56 | 2:46:28 | 00:28:35 | 0:28:07 | 00:56:32 | 0:27:57  | 01:24:17 | 0:27:45   | 01:52:06 | 0:27:49   | 02:19:57 | 0:27:51   | 02:46:56 | 0:26:59   |
| A 男子30キロ | 218 | A215 | 佐々木 正義    | 2:46:57 | 2:46:32 | 00:28:22 | 0:27:57 | 00:56:26 | 0:28:04  | 01:24:15 | 0:27:49   | 01:51:57 | 0:27:42   | 02:19:45 | 0:27:48   | 02:46:57 | 0:27:12   |
| A 男子30キロ | 219 | A193 | 金物 省吾     | 2:46:58 | 2:46:37 | 00:28:17 | 0:27:56 | 00:56:22 | 0:28:05  | 01:24:05 | 0:27:43   | 01:51:54 | 0:27:49   | 02:19:43 | 0:27:49   | 02:46:58 | 0:27:15   |
| A 男子30キロ | 220 | A229 | 岡 伸       | 2:47:00 | 2:46:38 | 00:27:52 | 0:27:30 | 00:55:38 | 0:27:46  | 01:24:03 | 0:28:25   | 01:51:55 | 0:27:52   | 02:19:42 | 0:27:47   | 02:47:00 | 0:27:18   |
| A 男子30キロ | 221 | A241 | 幸田 佳久     | 2:47:01 | 2:46:30 | 00:28:32 | 0:28:01 | 00:58:24 | 0:29:52  | 01:24:17 | 0:25:53   | 01:52:01 | 0:27:44   | 02:19:47 | 0:27:46   | 02:47:01 | 0:27:14   |
| A 男子30キロ | 222 | A194 | 富上 晃司     | 2:47:03 | 2:46:35 | 00:28:19 | 0:27:51 | 00:56:23 | 0:28:04  | 01:24:06 | 0:27:43   | 01:51:55 | 0:27:49   | 02:19:48 | 0:27:53   | 02:47:03 | 0:27:15   |
| A 男子30キロ | 223 | A497 | 井上 卓三     | 2:47:03 | 2:46:41 | 00:28:23 | 0:28:01 | 00:55:56 | 0:27:33  | 01:23:42 | 0:27:46   | 01:51:46 | 0:28:04   | 02:19:42 | 0:27:56   | 02:47:03 | 0:27:21   |
| A 男子30キロ | 224 | A187 | 炭元 謙一郎    | 2:47:03 | 2:46:42 | 00:28:17 | 0:27:56 | 00:57:34 | 0:29:17  | 01:24:04 | 0:26:30   | 01:51:53 | 0:27:49   | 02:19:37 | 0:27:44   | 02:47:03 | 0:27:26   |
| A 男子30キロ | 225 | A211 | 新井 栄一     | 2:47:03 | 2:46:43 | 00:28:25 | 0:28:05 | 00:56:29 | 0:28:04  | 01:24:17 | 0:27:48   | 01:52:11 | 0:27:54   | 02:19:55 | 0:27:44   | 02:47:03 | 0:27:08   |
| A 男子30キロ | 226 | A495 | 奥田 幸治     | 2:47:03 | 2:46:30 | 00:28:19 | 0:27:46 | 00:56:24 | 0:28:05  | 01:24:05 | 0:27:41   | 01:51:55 | 0:27:50   | 02:19:53 | 0:27:58   | 02:47:03 | 0:27:10   |
| A 男子30キロ | 227 | A298 | 後藤 和久     | 2:47:05 | 2:46:31 | 00:28:24 | 0:27:50 | 00:56:37 | 0:28:13  | 01:24:11 | 0:27:34   | 01:52:10 | 0:27:59   | 02:19:54 | 0:27:44   | 02:47:05 | 0:27:11   |
| A 男子30キロ | 228 | A167 | 宇佐美 智弘    | 2:47:06 | 2:46:37 | 00:28:21 | 0:27:52 | 00:56:21 | 0:28:00  | 01:24:14 | 0:27:53   | 01:51:55 | 0:27:41   | 02:19:42 | 0:27:47   | 02:47:06 | 0:27:24   |
| A 男子30キロ | 229 | A329 | 田辺 康夫     | 2:47:07 | 2:46:41 | 00:28:23 | 0:27:57 | 00:56:32 | 0:28:09  | 01:24:20 | 0:27:48   | 01:52:05 | 0:27:45   | 02:19:49 | 0:27:44   | 02:47:07 | 0:27:18   |
| A 男子30キロ | 230 | A476 | 在津 智      | 2:47:07 | 2:46:43 | 00:28:18 | 0:27:54 | 00:56:24 | 0:28:06  | 01:24:06 | 0:27:42   | 01:51:57 | 0:27:51   | 02:19:43 | 0:27:46   | 02:47:07 | 0:27:24   |
| A 男子30キロ | 231 | A506 | 樋口 圭祐     | 2:47:09 | 2:46:40 | 00:28:27 | 0:27:58 | 00:57:31 | 0:29:04  | 01:24:06 | 0:26:35   | 01:51:58 | 0:27:52   | 02:19:44 | 0:27:46   | 02:47:09 | 0:27:25   |
| A 男子30キロ | 232 | A394 | 谷村 道茂     | 2:47:10 | 2:46:45 | 00:28:25 | 0:28:00 | 00:56:23 | 0:27:58  | 01:24:11 | 0:27:48   | 01:51:56 | 0:27:45   | 02:19:44 | 0:27:48   | 02:47:10 | 0:27:26   |
| A 男子30キロ | 233 | A521 | 石伏 智      | 2:47:14 | 2:46:45 | 00:28:19 | 0:27:50 | 00:56:22 | 0:28:03  | 01:24:05 | 0:27:43   | 01:51:54 | 0:27:49   | 02:19:23 | 0:27:29   | 02:47:14 | 0:27:51   |
| A 男子30キロ | 234 | A273 | 松本 典洋     | 2:47:17 | 2:46:49 | 00:28:17 | 0:27:49 | 00:56:24 | 0:28:07  | 01:24:15 | 0:27:51   | 01:52:00 | 0:27:45   | 02:19:48 | 0:27:48   | 02:47:17 | 0:27:29   |
| A 男子30キロ | 235 | A213 | 三好 辰治     | 2:47:18 | 2:46:19 | 00:30:13 | 0:29:14 | 00:56:48 | 0:26:35  | 01:24:25 | 0:27:37   | 01:52:09 | 0:27:44   | 02:19:53 | 0:27:44   | 02:47:18 | 0:27:25   |
| A 男子30キロ | 236 | A332 | 藤原 岳人     | 2:47:20 | 2:46:48 | 00:28:25 | 0:27:53 | 00:56:28 | 0:28:03  | 01:24:10 | 0:27:42   | 01:51:58 | 0:27:48   | 02:19:43 | 0:27:45   | 02:47:20 | 0:27:37   |
| A 男子30キロ | 237 | A178 | 清水 正俊     | 2:47:28 | 2:46:52 | 00:28:41 | 0:28:05 | 00:59:34 | 0:30:53  | 01:26:03 | 0:26:29   | 01:52:38 | 0:26:35   | 02:19:53 | 0:27:15   | 02:47:28 | 0:27:35   |
| A 男子30キロ | 238 | A200 | 森本 敬士     | 2:47:35 | 2:47:08 | 00:28:37 | 0:28:10 | 00:56:34 | 0:27:57  | 01:24:09 | 0:27:35   | 01:52:09 | 0:28:00   | 02:19:48 | 0:27:39   | 02:47:35 | 0:27:47   |
| A 男子30キロ | 239 | A122 | 朽垣内 達也    | 2:47:49 | 2:47:37 | 00:25:19 | 0:25:07 | 00:50:29 | 0:25:10  | 01:16:25 | 0:25:56   | 01:45:39 | 0:29:14   | 02:17:19 | 0:31:40   | 02:47:49 | 0:30:30   |
| A 男子30キロ | 240 | A326 | 脇村 潤      | 2:47:56 | 2:47:24 | 00:28:26 | 0:27:54 | 00:56:42 | 0:28:16  | 01:24:17 | 0:27:35   | 01:52:04 | 0:27:47   | 02:19:49 | 0:27:45   | 02:47:56 | 0:28:07   |
| A 男子30キロ | 241 | A218 | 福本 正彦     | 2:48:31 | 2:48:07 | 00:28:26 | 0:28:02 | 00:56:23 | 0:27:57  | 01:24:09 | 0:27:46   | 01:51:56 | 0:27:47   | 02:19:43 | 0:27:47   | 02:48:31 | 0:28:48   |
| A 男子30キロ | 242 | A161 | 草深 浩樹     | 2:48:51 | 2:48:20 | 00:28:34 | 0:28:03 | 00:56:49 | 0:28:15  | 01:24:19 | 0:27:30   | 01:52:07 | 0:27:48   | 02:21:50 | 0:29:43   | 02:48:51 | 0:27:01   |
| A 男子30キロ | 243 | A306 | 正畠 和典     | 2:49:13 | 2:48:45 | 00:28:22 | 0:27:54 | 00:57:23 | 0:29:01  | 01:24:25 | 0:27:02   | 01:52:25 | 0:28:00   | 02:20:15 | 0:27:50   | 02:49:13 | 0:28:58   |
| A 男子30キロ | 244 | A180 | 角谷 直也     | 2:49:24 | 2:49:00 | 00:28:17 | 0:27:53 | 00:56:06 | 0:27:49  | 01:24:02 | 0:27:56   | 01:51:52 | 0:27:50   | 02:20:16 | 0:28:24   | 02:49:24 | 0:29:08   |
| A 男子30キロ | 245 | A338 | ウルフ アイザック | 2:49:34 | 2:49:02 | 00:24:11 | 0:23:39 | 00:48:09 | 0:23:58  | 01:13:54 | 0:25:45   | 01:41:16 | 0:27:22   | 02:12:39 | 0:31:23   | 02:49:34 | 0:36:55   |
| A 男子30キロ | 246 | A505 | 八木 博史     | 2:49:56 | 2:49:31 | 00:28:35 | 0:28:10 | 00:56:56 | 0:28:21  | 01:24:39 | 0:27:43   | 01:53:44 | 0:29:05   | 02:22:00 | 0:28:16   | 02:49:56 | 0:27:56   |
| A 男子30キロ | 247 | A474 | 岡田 充弘     | 2:50:19 | 2:49:19 | 00:29:03 | 0:28:03 | 00:56:30 | 0:27:27  | 01:23:32 | 0:27:02   | 01:50:05 | 0:26:33   | 02:19:39 | 0:29:34   | 02:50:19 | 0:30:40   |
| A 男子30キロ | 248 | A362 | 西尾 猛史     | 2:50:22 | 2:50:01 | 00:27:35 | 0:27:14 | 00:54:47 | 0:27:12  | 01:22:31 | 0:27:44   | 01:51:20 | 0:28:49   | 02:20:47 | 0:29:27   | 02:50:22 | 0:29:35   |
| A 男子30キロ | 249 | A278 | 林 匡伸      | 2:50:24 | 2:49:21 | 00:30:27 | 0:29:24 | 00:58:52 | 0:28:25  | 01:25:38 | 0:26:46   | 01:52:36 | 0:26:58   | 02:20:28 | 0:27:52   | 02:50:24 | 0:29:56   |
| A 男子30キロ | 250 | A172 | 木村 純      | 2:50:36 | 2:50:17 | 00:26:09 | 0:25:50 | 00:52:00 | 0:25:51  | 01:19:27 | 0:27:27   | 01:49:01 | 0:29:34   | 02:19:01 | 0:30:00   | 02:50:36 | 0:31:35   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 251 | A367 | 今井 隆文  | 2:50:58 | 2:50:37 | 00:28:30 | 0:28:09 | 00:56:41 | 0:28:11  | 01:24:27 | 0:27:46   | 01:52:17 | 0:27:50   | 02:20:54 | 0:28:37   | 02:50:58 | 0:30:04   |
| A 男子30キロ | 252 | A243 | 藤原 英紀  | 2:51:28 | 2:51:03 | 00:28:30 | 0:28:05 | 00:56:25 | 0:27:55  | 01:24:11 | 0:27:46   | 01:52:01 | 0:27:50   | 02:20:05 | 0:28:04   | 02:51:28 | 0:31:23   |
| A 男子30キロ | 253 | A391 | 古名 秀也  | 2:51:32 | 2:50:50 | 00:30:09 | 0:29:27 | 00:58:21 | 0:28:12  | 01:26:21 | 0:28:00   | 01:54:39 | 0:28:18   | 02:23:06 | 0:28:27   | 02:51:32 | 0:28:26   |
| A 男子30キロ | 254 | A321 | 塚本 勝   | 2:51:57 | 2:51:35 | 00:27:34 | 0:27:12 | 00:54:14 | 0:26:40  | 01:20:53 | 0:26:39   | 01:49:45 | 0:28:52   | 02:20:13 | 0:30:28   | 02:51:57 | 0:31:44   |
| A 男子30キロ | 255 | A336 | 明定 悠大  | 2:51:58 | 2:51:25 | 00:28:20 | 0:27:47 | 00:57:24 | 0:29:04  | 01:24:33 | 0:27:09   | 01:52:13 | 0:27:40   | 02:20:17 | 0:28:04   | 02:51:58 | 0:31:41   |
| A 男子30キロ | 256 | A348 | 上田 英明  | 2:52:17 | 2:51:37 | 00:27:48 | 0:27:08 | 00:53:33 | 0:25:45  | 01:19:21 | 0:25:48   | 01:47:39 | 0:28:18   | 02:19:23 | 0:31:44   | 02:52:17 | 0:32:54   |
| A 男子30キロ | 257 | A233 | 藤田 真成  | 2:52:25 | 2:52:05 | 00:28:16 | 0:27:56 | 00:56:21 | 0:28:05  | 01:24:05 | 0:27:44   | 01:51:54 | 0:27:49   | 02:21:54 | 0:30:00   | 02:52:25 | 0:30:31   |
| A 男子30キロ | 258 | A359 | 木村 貴昭  | 2:52:41 | 2:52:11 | 00:28:44 | 0:28:14 | 00:56:56 | 0:28:12  | 01:27:11 | 0:30:15   | 01:56:12 | 0:29:01   | 02:24:32 | 0:28:20   | 02:52:41 | 0:28:09   |
| A 男子30キロ | 259 | A335 | 大村 文人  | 2:52:58 | 2:52:30 | 00:28:38 | 0:28:10 | 00:57:40 | 0:29:02  | 01:25:09 | 0:27:29   | 01:55:18 | 0:30:09   | 02:23:51 | 0:28:33   | 02:52:58 | 0:29:07   |
| A 男子30キロ | 260 | A295 | 八木 直亮  | 2:53:13 | 2:52:44 | 00:29:11 | 0:28:42 | 00:57:51 | 0:28:40  | 01:26:18 | 0:28:27   | 01:55:28 | 0:29:10   | 02:24:35 | 0:29:07   | 02:53:13 | 0:28:38   |
| A 男子30キロ | 261 | A351 | 伊藤 敬   | 2:54:13 | 2:53:52 | 00:28:30 | 0:28:09 | 00:56:28 | 0:27:58  | 01:24:20 | 0:27:52   | 01:52:18 | 0:27:58   | 02:20:14 | 0:27:56   | 02:54:13 | 0:33:59   |
| A 男子30キロ | 262 | A175 | 末澤 浩朗  | 2:54:26 | 2:54:00 | 00:28:18 | 0:27:52 | 00:56:23 | 0:28:05  | 01:24:10 | 0:27:47   | 01:52:00 | 0:27:50   | 02:20:43 | 0:28:43   | 02:54:26 | 0:33:43   |
| A 男子30キロ | 263 | A268 | 大津 清人  | 2:54:27 | 2:53:48 | 00:30:09 | 0:29:30 | 00:58:16 | 0:28:07  | 01:26:11 | 0:27:55   | 01:54:38 | 0:28:27   | 02:23:43 | 0:29:05   | 02:54:27 | 0:30:44   |
| A 男子30キロ | 264 | A451 | 直原 考志  | 2:54:51 | 2:54:07 | 00:30:17 | 0:29:33 | 00:59:23 | 0:29:06  | 01:28:28 | 0:29:05   | 01:57:21 | 0:28:53   | 02:26:36 | 0:29:15   | 02:54:51 | 0:28:15   |
| A 男子30キロ | 265 | A245 | 阿部 恒男  | 2:54:54 | 2:54:28 | 00:28:47 | 0:28:21 | 00:57:08 | 0:28:21  | 01:25:35 | 0:28:27   | 01:54:38 | 0:29:03   | 02:24:53 | 0:30:15   | 02:54:54 | 0:30:01   |
| A 男子30キロ | 266 | A198 | 佐伯 克二  | 2:55:03 | 2:54:36 | 00:28:24 | 0:27:57 | 00:56:32 | 0:28:08  | 01:24:31 | 0:27:59   | 01:52:22 | 0:27:51   | 02:22:12 | 0:29:50   | 02:55:03 | 0:32:51   |
| A 男子30キロ | 267 | A358 | 来間 幹広  | 2:55:31 | 2:55:14 | 00:27:15 | 0:26:58 | 00:54:33 | 0:27:18  | 01:22:41 | 0:28:08   | 01:51:17 | 0:28:36   | 02:22:37 | 0:31:20   | 02:55:31 | 0:32:54   |
| A 男子30キロ | 268 | A235 | 関 幸大   | 2:56:05 | 2:55:52 | 00:28:18 | 0:28:05 | 00:56:26 | 0:28:08  | 01:24:14 | 0:27:48   | 01:52:09 | 0:27:55   | 02:22:05 | 0:29:56   | 02:56:05 | 0:34:00   |
| A 男子30キロ | 269 | A240 | 高浪 昇   | 2:56:33 | 2:55:31 | 00:30:08 | 0:29:06 | 00:58:24 | 0:28:16  | 01:26:56 | 0:28:32   | 01:55:35 | 0:28:39   | 02:25:15 | 0:29:40   | 02:56:33 | 0:31:18   |
| A 男子30キロ | 270 | A420 | 尾内 啓男  | 2:56:38 | 2:56:02 | 00:29:41 | 0:29:05 | 00:58:39 | 0:28:58  | 01:27:56 | 0:29:17   | 01:57:19 | 0:29:23   | 02:26:58 | 0:29:39   | 02:56:38 | 0:29:40   |
| A 男子30キロ | 271 | A445 | 田中 誠治  | 2:56:43 | 2:56:00 | 00:30:01 | 0:29:18 | 00:58:47 | 0:28:46  | 01:27:42 | 0:28:55   | 01:57:21 | 0:29:39   | 02:27:49 | 0:30:28   | 02:56:43 | 0:28:54   |
| A 男子30キロ | 272 | A266 | 斉藤 秀継  | 2:57:00 | 2:56:26 | 00:29:49 | 0:29:15 | 00:58:52 | 0:29:03  | 01:28:06 | 0:29:14   | 01:57:28 | 0:29:22   | 02:26:56 | 0:29:28   | 02:57:00 | 0:30:04   |
| A 男子30キロ | 273 | A416 | 小杉 恒治  | 2:57:10 | 2:56:54 | 00:29:40 | 0:29:24 | 00:58:17 | 0:28:37  | 01:26:10 | 0:27:53   | 01:55:58 | 0:29:48   | 02:27:44 | 0:31:46   | 02:57:10 | 0:29:26   |
| A 男子30キロ | 274 | A399 | 桜井 敬三  | 2:57:43 | 2:57:11 | 00:28:34 | 0:28:02 | 00:56:42 | 0:28:08  | 01:24:31 | 0:27:49   | 01:52:15 | 0:27:44   | 02:21:27 | 0:29:12   | 02:57:43 | 0:36:16   |
| A 男子30キロ | 275 | A373 | 森田 稔   | 2:57:46 | 2:57:09 | 00:33:52 | 0:33:15 | 01:05:52 | 0:32:00  | 01:36:45 | 0:30:53   | 02:06:21 | 0:29:36   | 02:34:59 | 0:28:38   | 02:57:46 | 0:22:47   |
| A 男子30キロ | 276 | A254 | 迫 昌宏   | 2:57:48 | 2:57:10 | 00:30:27 | 0:29:49 | 00:59:32 | 0:29:05  | 01:28:33 | 0:29:01   | 01:57:31 | 0:28:58   | 02:27:00 | 0:29:29   | 02:57:48 | 0:30:48   |
| A 男子30キロ | 277 | A289 | 藤倉 満志  | 2:57:54 | 2:57:22 | 00:29:45 | 0:29:13 | 00:59:33 | 0:29:48  | 01:28:58 | 0:29:25   | 01:58:52 | 0:29:54   | 02:28:28 | 0:29:36   | 02:57:54 | 0:29:26   |
| A 男子30キロ | 278 | A415 | 出口 和幸  | 2:58:29 | 2:58:06 | 00:28:52 | 0:28:29 | 00:56:44 | 0:27:52  | 01:25:09 | 0:28:25   | 01:53:40 | 0:28:31   | 02:24:52 | 0:31:12   | 02:58:29 | 0:33:37   |
| A 男子30キロ | 279 | A449 | 藤原 雅則  | 2:58:30 | 2:57:55 | 00:29:29 | 0:28:54 | 00:58:19 | 0:28:50  | 01:27:02 | 0:28:43   | 01:55:42 | 0:28:40   | 02:26:25 | 0:30:43   | 02:58:30 | 0:32:05   |
| A 男子30キロ | 280 | A530 | 加藤 武志  | 2:59:05 | 2:58:31 | 00:28:33 | 0:27:59 | 00:56:33 | 0:28:00  | 01:24:34 | 0:28:01   | 01:53:17 | 0:28:43   | 02:25:26 | 0:32:09   | 02:59:05 | 0:33:39   |
| A 男子30キロ | 281 | A411 | 古田 尚史  | 2:59:44 | 2:59:00 | 00:33:16 | 0:32:32 | 01:02:46 | 0:29:30  | 01:31:31 | 0:28:45   | 02:00:35 | 0:29:04   | 02:29:56 | 0:29:21   | 02:59:44 | 0:29:48   |
| A 男子30キロ | 282 | A282 | 石山 泰寛  | 2:59:57 | 2:59:19 | 00:30:32 | 0:29:54 | 01:00:35 | 0:30:03  | 01:30:39 | 0:30:04   | 02:00:15 | 0:29:36   | 02:30:28 | 0:30:13   | 02:59:57 | 0:29:29   |
| A 男子30キロ | 283 | A512 | 中村 洋   | 3:00:12 | 2:59:37 | 00:31:00 | 0:30:25 | 01:00:18 | 0:29:18  | 01:29:48 | 0:29:30   | 01:59:52 | 0:30:04   | 02:29:31 | 0:29:39   | 03:00:12 | 0:30:41   |
| A 男子30キロ | 284 | A324 | 吉田 剛   | 3:00:40 | 3:00:23 | 00:27:19 | 0:27:02 | 00:54:35 | 0:27:16  | 01:22:37 | 0:28:02   | 01:53:17 | 0:30:40   | 02:26:02 | 0:32:45   | 03:00:40 | 0:34:38   |
| A 男子30キロ | 285 | A473 | 吉本 貴雄  | 3:00:53 | 3:00:22 | 00:29:43 | 0:29:12 | 00:58:43 | 0:29:00  | 01:28:47 | 0:30:04   | 01:57:52 | 0:29:05   | 02:28:53 | 0:31:01   | 03:00:53 | 0:32:00   |
| A 男子30キロ | 286 | A364 | 井上 佳洋  | 3:01:11 | 3:00:36 | 00:31:54 | 0:31:19 | 01:02:21 | 0:30:27  | 01:31:46 | 0:29:25   | 02:00:59 | 0:29:13   | 02:31:30 | 0:30:31   | 03:01:11 | 0:29:41   |
| A 男子30キロ | 287 | A337 | 信国 良一  | 3:01:20 | 3:00:40 | 00:30:34 | 0:29:54 | 00:59:39 | 0:29:05  | 01:28:50 | 0:29:11   | 01:57:56 | 0:29:06   | 02:28:19 | 0:30:23   | 03:01:20 | 0:33:01   |
| A 男子30キロ | 288 | A291 | 谷口 修   | 3:01:40 | 3:01:10 | 00:28:31 | 0:28:01 | 00:56:50 | 0:28:19  | 01:24:41 | 0:27:51   | 01:57:31 | 0:32:50   | 02:29:03 | 0:31:32   | 03:01:40 | 0:32:37   |
| A 男子30キロ | 289 | A320 | 黒野 貴志  | 3:01:56 | 3:00:55 | 00:32:02 | 0:31:01 | 01:02:20 | 0:30:18  | 01:32:26 | 0:30:06   | 02:02:23 | 0:29:57   | 02:32:41 | 0:30:18   | 03:01:56 | 0:29:15   |
| A 男子30キロ | 290 | A444 | 大谷 康裕  | 3:01:59 | 3:01:36 | 00:28:18 | 0:27:55 | 00:56:24 | 0:28:06  | 01:24:15 | 0:27:51   | 01:51:59 | 0:27:44   | 02:21:14 | 0:29:15   | 03:01:59 | 0:40:45   |
| A 男子30キロ | 291 | A446 | 細井 泰之  | 3:02:18 | 3:01:37 | 00:30:37 | 0:29:56 | 00:59:25 | 0:28:48  | 01:28:41 | 0:29:16   | 01:57:54 | 0:29:13   | 02:29:11 | 0:31:17   | 03:02:18 | 0:33:07   |
| A 男子30キロ | 292 | A314 | 下田 潤   | 3:02:28 | 3:02:23 | 00:25:06 | 0:25:01 | 00:50:57 | 0:25:51  | 01:18:01 | 0:27:04   | 01:47:26 | 0:29:25   | 02:22:16 | 0:34:50   | 03:02:28 | 0:40:12   |
| A 男子30キロ | 293 | A455 | 鳴海 弘太郎 | 3:02:30 | 3:01:48 | 00:33:52 | 0:33:10 | 01:05:52 | 0:32:00  | 01:36:43 | 0:30:51   | 02:06:42 | 0:29:59   | 02:34:06 | 0:27:24   | 03:02:30 | 0:28:24   |
| A 男子30キロ | 294 | A502 | 前島 剛   | 3:02:45 | 3:01:58 | 00:31:03 | 0:30:16 | 00:59:09 | 0:28:06  | 01:26:11 | 0:27:02   | 01:54:31 | 0:28:20   | 02:27:36 | 0:33:05   | 03:02:45 | 0:35:09   |
| A 男子30キロ | 295 | A280 | 樋口 篤司  | 3:03:36 | 3:03:03 | 00:28:25 | 0:27:52 | 00:56:31 | 0:28:06  | 01:24:52 | 0:28:21   | 01:56:06 | 0:31:14   | 02:29:43 | 0:33:37   | 03:03:36 | 0:33:53   |
| A 男子30キロ | 296 | A231 | 酒井 正文  | 3:03:39 | 3:03:00 | 00:29:29 | 0:28:50 | 00:58:49 | 0:29:20  | 01:28:41 | 0:29:52   | 01:59:08 | 0:30:27   | 02:29:57 | 0:30:49   | 03:03:39 | 0:33:42   |
| A 男子30キロ | 297 | A491 | 東垣 淳   | 3:03:46 | 3:03:08 | 00:30:36 | 0:29:58 | 01:01:03 | 0:30:27  | 01:30:54 | 0:29:51   | 02:02:07 | 0:31:13   | 02:34:07 | 0:32:00   | 03:03:46 | 0:29:39   |
| A 男子30キロ | 298 | A25  | 中村 雄一  | 3:04:21 | 3:03:40 | 00:34:37 | 0:33:56 | 01:06:07 | 0:31:30  | 01:36:54 | 0:30:47   | 02:07:25 | 0:30:31   | 02:35:44 | 0:28:19   | 03:04:21 | 0:28:37   |
| A 男子30キロ | 299 | A327 | 井上 徹男  | 3:04:43 | 3:04:01 | 00:30:43 | 0:30:01 | 00:59:49 | 0:29:06  | 01:28:56 | 0:29:07   | 01:58:00 | 0:29:04   | 02:28:57 | 0:30:57   | 03:04:43 | 0:35:46   |
| A 男子30キロ | 300 | A397 | 植木 紀善  | 3:04:52 | 3:04:03 | 00:30:40 | 0:29:51 | 00:59:18 | 0:28:38  | 01:28:26 | 0:29:08   | 01:59:10 | 0:30:44   | 02:30:58 | 0:31:48   | 03:04:52 | 0:33:54   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 301 | A493 | 大門 晃士  | 3:04:53 | 3:04:21 | 00:28:31 | 0:27:59 | 00:56:27 | 0:27:56  | 01:24:15 | 0:27:48   | 01:52:18 | 0:28:03   | 02:27:34 | 0:35:16   | 03:04:53 | 0:37:19   |
| A 男子30キロ | 302 | A274 | 井沢 晃将  | 3:05:02 | 3:04:22 | 00:32:08 | 0:31:28 | 01:03:08 | 0:31:00  | 01:33:59 | 0:30:51   | 02:04:20 | 0:30:21   | 02:34:24 | 0:30:04   | 03:05:02 | 0:30:38   |
| A 男子30キロ | 303 | A524 | 乾 隆之   | 3:06:10 | 3:05:17 | 00:35:22 | 0:34:29 | 01:12:03 | 0:36:41  | 01:38:16 | 0:26:13   | 02:05:29 | 0:27:13   | 02:35:36 | 0:30:07   | 03:06:10 | 0:30:34   |
| A 男子30キロ | 304 | A443 | 人見 晋輔  | 3:06:41 | 3:05:56 | 00:33:57 | 0:33:12 | 01:05:37 | 0:31:40  | 01:36:50 | 0:31:13   | 02:07:27 | 0:30:37   | 02:38:05 | 0:30:38   | 03:06:41 | 0:28:36   |
| A 男子30キロ | 305 | A387 | 峰岡 完治  | 3:06:54 | 3:06:12 | 00:33:57 | 0:33:15 | 01:05:56 | 0:31:59  | 01:36:47 | 0:30:51   | 02:07:25 | 0:30:38   | 02:37:58 | 0:30:33   | 03:06:54 | 0:28:56   |
| A 男子30キロ | 306 | A520 | 足立 敏男  | 3:06:56 | 3:06:00 | 00:35:37 | 0:34:41 | 01:06:02 | 0:30:25  | 01:36:46 | 0:30:44   | 02:07:43 | 0:30:57   | 02:38:12 | 0:30:29   | 03:06:56 | 0:28:44   |
| A 男子30キロ | 307 | A435 | 苧谷 昭夫  | 3:07:29 | 3:06:30 | 00:33:15 | 0:32:16 | 01:01:09 | 0:27:54  | 01:29:37 | 0:28:28   | 01:59:47 | 0:30:10   | 02:31:14 | 0:31:27   | 03:07:29 | 0:36:15   |
| A 男子30キロ | 308 | A323 | 坂上 直彦  | 3:07:35 | 3:06:49 | 00:33:52 | 0:33:06 | 01:05:53 | 0:32:01  | 01:36:56 | 0:31:03   | 02:07:31 | 0:30:35   | 02:38:21 | 0:30:50   | 03:07:35 | 0:29:14   |
| A 男子30キロ | 309 | A356 | 影日 道行  | 3:07:38 | 3:07:12 | 00:32:17 | 0:31:51 | 01:03:45 | 0:31:28  | 01:39:00 | 0:35:15   | 02:09:38 | 0:30:38   | 02:39:36 | 0:29:58   | 03:07:38 | 0:28:02   |
| A 男子30キロ | 310 | A309 | 石井 尚書  | 3:07:44 | 3:07:00 | 00:33:53 | 0:33:09 | 01:04:16 | 0:30:23  | 01:34:24 | 0:30:08   | 02:05:29 | 0:31:05   | 02:36:23 | 0:30:54   | 03:07:44 | 0:31:21   |
| A 男子30キロ | 311 | A333 | 名城 康晴  | 3:07:54 | 3:07:23 | 00:29:26 | 0:28:55 | 00:58:15 | 0:28:49  | 01:27:06 | 0:28:51   | 01:56:59 | 0:29:53   | 02:29:21 | 0:32:22   | 03:07:54 | 0:38:33   |
| A 男子30キロ | 312 | A406 | 隅田 芳男  | 3:07:57 | 3:07:16 | 00:33:53 | 0:33:12 | 01:05:57 | 0:32:04  | 01:36:52 | 0:30:55   | 02:06:50 | 0:29:58   | 02:37:08 | 0:30:18   | 03:07:57 | 0:30:49   |
| A 男子30キロ | 313 | A382 | 白木 孝信  | 3:08:14 | 3:07:33 | 00:33:58 | 0:33:17 | 01:06:00 | 0:32:02  | 01:36:47 | 0:30:47   | 02:07:31 | 0:30:44   | 02:38:08 | 0:30:37   | 03:08:14 | 0:30:06   |
| A 男子30キロ | 314 | A429 | 岡島 延幸  | 3:08:15 | 3:07:27 | 00:33:54 | 0:33:06 | 01:05:55 | 0:32:01  | 01:36:48 | 0:30:53   | 02:07:32 | 0:30:44   | 02:38:13 | 0:30:41   | 03:08:15 | 0:30:02   |
| A 男子30キロ | 315 | A421 | 有馬 隆幸  | 3:08:34 | 3:07:50 | 00:33:54 | 0:33:10 | 01:06:02 | 0:32:08  | 01:36:55 | 0:30:53   | 02:07:33 | 0:30:38   | 02:38:24 | 0:30:51   | 03:08:34 | 0:30:10   |
| A 男子30キロ | 316 | A386 | 宇高 健一郎 | 3:08:38 | 3:07:59 | 00:32:14 | 0:31:35 | 01:02:47 | 0:30:33  | 01:33:40 | 0:30:53   | 02:04:48 | 0:31:08   | 02:36:37 | 0:31:49   | 03:08:38 | 0:32:01   |
| A 男子30キロ | 317 | A279 | 酒井 篤治  | 3:08:50 | 3:08:08 | 00:34:00 | 0:33:18 | 01:06:12 | 0:32:12  | 01:36:49 | 0:30:37   | 02:07:29 | 0:30:40   | 02:38:07 | 0:30:38   | 03:08:50 | 0:30:43   |
| A 男子30キロ | 318 | A405 | 廣瀬 徹也  | 3:09:00 | 3:08:13 | 00:34:04 | 0:33:17 | 01:06:24 | 0:32:20  | 01:37:17 | 0:30:53   | 02:07:46 | 0:30:29   | 02:38:20 | 0:30:34   | 03:09:00 | 0:30:40   |
| A 男子30キロ | 319 | A519 | 藤井 肇   | 3:09:01 | 3:08:18 | 00:33:54 | 0:33:11 | 01:05:59 | 0:32:05  | 01:36:50 | 0:30:51   | 02:07:27 | 0:30:37   | 02:38:11 | 0:30:44   | 03:09:01 | 0:30:50   |
| A 男子30キロ | 320 | A467 | 田中 和徳  | 3:09:06 | 3:08:27 | 00:32:01 | 0:31:22 | 01:03:00 | 0:30:59  | 01:33:08 | 0:30:08   | 02:04:34 | 0:31:26   | 02:36:34 | 0:32:00   | 03:09:06 | 0:32:32   |
| A 男子30キロ | 321 | A379 | 福島 信幸  | 3:10:00 | 3:09:37 | 00:29:53 | 0:29:30 | 01:00:24 | 0:30:31  | 01:31:32 | 0:31:08   | 02:03:40 | 0:32:08   | 02:37:29 | 0:33:49   | 03:10:00 | 0:32:31   |
| A 男子30キロ | 322 | A287 | 今野 修治  | 3:10:14 | 3:09:43 | 00:30:17 | 0:29:46 | 01:00:27 | 0:30:10  | 01:31:59 | 0:31:32   | 02:03:51 | 0:31:52   | 02:36:39 | 0:32:48   | 03:10:14 | 0:33:35   |
| A 男子30キロ | 323 | A255 | 井筒 隆   | 3:11:13 | 3:11:08 | 00:27:08 | 0:27:03 | 00:55:07 | 0:27:59  | 01:22:25 | 0:27:18   | 01:52:24 | 0:29:59   | 02:31:01 | 0:38:37   | 03:11:13 | 0:40:12   |
| A 男子30キロ | 324 | A424 | 山崎 和雄  | 3:11:30 | 3:10:48 | 00:30:59 | 0:30:17 | 01:01:25 | 0:30:26  | 01:32:19 | 0:30:54   | 02:04:29 | 0:32:10   | 02:38:06 | 0:33:37   | 03:11:30 | 0:33:24   |
| A 男子30キロ | 325 | A413 | 関谷 恭三  | 3:12:36 | 3:11:55 | 00:34:09 | 0:33:28 | 01:06:15 | 0:32:06  | 01:37:04 | 0:30:49   | 02:07:51 | 0:30:47   | 02:38:40 | 0:30:49   | 03:12:36 | 0:33:56   |
| A 男子30キロ | 326 | A422 | 赤坂 勇二  | 3:12:42 | 3:12:17 | 00:30:50 | 0:30:25 | 01:00:57 | 0:30:07  | 01:30:19 | 0:29:22   | 02:00:15 | 0:29:56   | 02:31:17 | 0:31:02   | 03:12:42 | 0:41:25   |
| A 男子30キロ | 327 | A508 | 西山 彰一  | 3:12:48 | 3:11:47 | 00:36:31 | 0:35:30 | 01:10:47 | 0:34:16  | 01:46:33 | 0:35:46   | 02:16:06 | 0:29:33   | 02:44:08 | 0:28:02   | 03:12:48 | 0:28:40   |
| A 男子30キロ | 328 | A390 | 菅野 伸文  | 3:13:58 | 3:13:18 | 00:33:15 | 0:32:35 | 01:04:27 | 0:31:12  | 01:35:56 | 0:31:29   | 02:07:22 | 0:31:26   | 02:38:24 | 0:31:02   | 03:13:58 | 0:35:34   |
| A 男子30キロ | 329 | A258 | 佐々木 貴皓 | 3:14:01 | 3:13:49 | 00:25:43 | 0:25:31 | 00:53:06 | 0:27:23  | 01:23:52 | 0:30:46   | 01:55:17 | 0:31:25   | 02:28:57 | 0:33:40   | 03:14:01 | 0:45:04   |
| A 男子30キロ | 330 | A293 | 大里 俊仁  | 3:14:26 | 3:13:30 | 00:34:08 | 0:33:12 | 01:06:00 | 0:31:52  | 01:36:47 | 0:30:47   | 02:07:10 | 0:30:23   | 02:38:22 | 0:31:12   | 03:14:26 | 0:36:04   |
| A 男子30キロ | 331 | A417 | 宮崎 茂生  | 3:14:34 | 3:13:53 | 00:33:59 | 0:33:18 | 01:06:08 | 0:32:09  | 01:36:55 | 0:30:47   | 02:07:49 | 0:30:54   | 02:39:42 | 0:31:53   | 03:14:34 | 0:34:52   |
| A 男子30キロ | 332 | A404 | 津島 秀郎  | 3:14:51 | 3:14:13 | 00:32:08 | 0:31:30 | 01:02:44 | 0:30:36  | 01:33:36 | 0:30:52   | 02:04:55 | 0:31:19   | 02:37:46 | 0:32:51   | 03:14:51 | 0:37:05   |
| A 男子30キロ | 333 | A529 | 山本 和慶  | 3:15:24 | 3:14:53 | 00:28:20 | 0:27:49 | 00:56:23 | 0:28:03  | 01:24:06 | 0:27:43   | 01:53:00 | 0:28:54   | 02:30:48 | 0:37:48   | 03:15:24 | 0:44:36   |
| A 男子30キロ | 334 | A408 | 坂口 直久  | 3:15:31 | 3:14:47 | 00:33:53 | 0:33:09 | 01:05:53 | 0:32:00  | 01:36:45 | 0:30:52   | 02:07:29 | 0:30:44   | 02:38:44 | 0:31:15   | 03:15:31 | 0:36:47   |
| A 男子30キロ | 335 | A297 | 題府 武史  | 3:15:35 | 3:14:54 | 00:34:02 | 0:33:21 | 01:06:02 | 0:32:00  | 01:37:01 | 0:30:59   | 02:07:40 | 0:30:39   | 02:39:59 | 0:32:19   | 03:15:35 | 0:35:36   |
| A 男子30キロ | 336 | A385 | 永田 康彦  | 3:16:37 | 3:15:54 | 00:34:02 | 0:33:19 | 01:06:09 | 0:32:07  | 01:36:50 | 0:30:41   | 02:07:39 | 0:30:49   | 02:41:14 | 0:33:35   | 03:16:37 | 0:35:23   |
| A 男子30キロ | 337 | A460 | 石川 浩行  | 3:16:56 | 3:16:40 | 00:30:25 | 0:30:09 | 01:00:33 | 0:30:08  | 01:31:03 | 0:30:30   | 02:04:09 | 0:33:06   | 02:41:06 | 0:36:57   | 03:16:56 | 0:35:50   |
| A 男子30キロ | 338 | A427 | 小西 貴史  | 3:17:01 | 3:16:29 | 00:30:49 | 0:30:17 | 01:01:22 | 0:30:33  | 01:31:44 | 0:30:22   | 02:04:33 | 0:32:49   | 02:39:12 | 0:34:39   | 03:17:01 | 0:37:49   |
| A 男子30キロ | 339 | A412 | 森本 秀   | 3:17:40 | 3:16:59 | 00:32:19 | 0:31:38 | 01:03:37 | 0:31:18  | 01:35:23 | 0:31:46   | 02:07:41 | 0:32:18   | 02:41:23 | 0:33:42   | 03:17:40 | 0:36:17   |
| A 男子30キロ | 340 | A457 | 佐藤 理   | 3:17:46 | 3:16:57 | 00:35:21 | 0:34:32 | 01:07:52 | 0:32:31  | 01:39:43 | 0:31:51   | 02:11:01 | 0:31:18   | 02:42:24 | 0:31:23   | 03:17:46 | 0:35:22   |
| A 男子30キロ | 341 | A419 | 川西 和巳  | 3:17:57 | 3:17:20 | 00:28:37 | 0:28:00 | 00:58:06 | 0:29:29  | 01:32:02 | 0:33:56   | 02:06:20 | 0:34:18   | 02:42:35 | 0:36:15   | 03:17:57 | 0:35:22   |
| A 男子30キロ | 342 | A227 | 阿部 博克  | 3:18:15 | 3:17:30 | 00:33:58 | 0:33:13 | 01:05:59 | 0:32:01  | 01:36:37 | 0:30:38   | 02:05:41 | 0:29:04   | 02:40:01 | 0:34:20   | 03:18:15 | 0:38:14   |
| A 男子30キロ | 343 | A331 | 廣田 貴彦  | 3:18:44 | 3:18:09 | 00:28:32 | 0:27:57 | 00:56:27 | 0:27:55  | 01:24:24 | 0:27:57   | 01:52:26 | 0:28:02   | 02:25:10 | 0:32:44   | 03:18:44 | 0:53:34   |
| A 男子30キロ | 344 | A517 | 佐々木 一人 | 3:18:46 | 3:17:49 | 00:34:02 | 0:33:05 | 01:05:09 | 0:31:07  | 01:34:35 | 0:29:26   | 02:06:11 | 0:31:36   | 02:41:19 | 0:35:08   | 03:18:46 | 0:37:27   |
| A 男子30キロ | 345 | A481 | 上月 清文  | 3:19:41 | 3:18:47 | 00:34:05 | 0:33:11 | 01:05:53 | 0:31:48  | 01:36:48 | 0:30:55   | 02:07:47 | 0:30:59   | 02:41:29 | 0:33:42   | 03:19:41 | 0:38:12   |
| A 男子30キロ | 346 | A357 | 山口 忠明  | 3:20:04 | 3:19:21 | 00:30:18 | 0:29:35 | 00:59:25 | 0:29:07  | 01:29:36 | 0:30:11   | 02:01:11 | 0:31:35   | 02:38:26 | 0:37:15   | 03:20:04 | 0:41:38   |
| A 男子30キロ | 347 | A484 | 村上 昌吾  | 3:20:12 | 3:19:31 | 00:31:37 | 0:30:56 | 01:04:54 | 0:33:17  | 01:34:26 | 0:29:32   | 02:05:43 | 0:31:17   | 02:39:55 | 0:34:12   | 03:20:12 | 0:40:17   |
| A 男子30キロ | 348 | A374 | 高士 誠司  | 3:20:37 | 3:19:53 | 00:34:04 | 0:33:20 | 01:06:16 | 0:32:12  | 01:38:29 | 0:32:13   | 02:12:52 | 0:34:23   | 02:46:57 | 0:34:05   | 03:20:37 | 0:33:40   |
| A 男子30キロ | 349 | A344 | 名倉 正芳  | 3:20:50 | 3:20:25 | 00:28:23 | 0:27:58 | 00:56:23 | 0:28:00  | 01:24:40 | 0:28:17   | 01:51:58 | 0:27:18   | 02:28:40 | 0:36:42   | 03:20:50 | 0:52:10   |
| A 男子30キロ | 350 | A450 | 奥田 寿   | 3:21:09 | 3:20:44 | 00:28:22 | 0:27:57 | 00:56:35 | 0:28:13  | 01:25:04 | 0:28:29   | 02:05:40 | 0:40:36   | 02:42:59 | 0:37:19   | 03:21:09 | 0:38:10   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| A 男子30キロ | 351 | A441 | 荒木 利郎  | 3:21:23 | 3:20:54 | 00:33:02 | 0:32:33 | 01:05:55 | 0:32:53  | 01:39:18 | 0:33:23   | 02:13:10 | 0:33:52   | 02:47:02 | 0:33:52   | 03:21:23 | 0:34:21   |
| A 男子30キロ | 352 | A281 | 遠藤 康朗  | 3:21:32 | 3:17:20 | 00:35:50 | 0:31:38 | 01:11:48 | 0:35:58  | 01:48:00 | 0:36:12   | 02:19:52 | 0:31:52   | 02:49:38 | 0:29:46   | 03:21:32 | 0:31:54   |
| A 男子30キロ | 353 | A471 | 赤阪 俊昭  | 3:21:37 | 3:21:01 | 00:29:56 | 0:29:20 | 00:58:02 | 0:28:06  | 01:30:34 | 0:32:32   | 02:04:50 | 0:34:16   | 02:41:23 | 0:36:33   | 03:21:37 | 0:40:14   |
| A 男子30キロ | 354 | A407 | 山本 知一  | 3:22:37 | 3:21:44 | 00:35:45 | 0:34:52 | 01:10:54 | 0:35:09  | 01:44:41 | 0:33:47   | 02:17:21 | 0:32:40   | 02:49:47 | 0:32:26   | 03:22:37 | 0:32:50   |
| A 男子30キロ | 355 | A393 | 田村 千尋  | 3:25:01 | 3:24:06 | 00:35:48 | 0:34:53 | 01:11:04 | 0:35:16  | 01:46:34 | 0:35:30   | 02:20:32 | 0:33:58   | 02:54:37 | 0:34:05   | 03:25:01 | 0:30:24   |
| A 男子30キロ | 356 | A472 | 西垣 友博  | 3:25:04 | 3:24:19 | 00:33:54 | 0:33:09 | 01:04:41 | 0:30:47  | 01:35:57 | 0:31:16   | 02:07:47 | 0:31:50   | 02:43:36 | 0:35:49   | 03:25:04 | 0:41:28   |
| A 男子30キロ | 357 | A400 | 篤田 昌也  | 3:25:10 | 3:24:09 | 00:35:52 | 0:34:51 | 01:11:05 | 0:35:13  | 01:45:58 | 0:34:53   | 02:20:27 | 0:34:29   | 02:54:57 | 0:34:30   | 03:25:10 | 0:30:13   |
| A 男子30キロ | 358 | A525 | 坂井 慎吾  | 3:25:20 | 3:24:24 | 00:35:30 | 0:34:34 | 01:10:51 | 0:35:21  | 01:45:48 | 0:34:57   | 02:21:20 | 0:35:32   | 02:55:53 | 0:34:33   | 03:25:20 | 0:29:27   |
| A 男子30キロ | 359 | A434 | 松本 功   | 3:25:45 | 3:24:53 | 00:35:44 | 0:34:52 | 01:10:43 | 0:34:59  | 01:45:41 | 0:34:58   | 02:20:04 | 0:34:23   | 02:52:33 | 0:32:29   | 03:25:45 | 0:33:12   |
| A 男子30キロ | 360 | A403 | 続谷 泰一  | 3:26:22 | 3:25:20 | 00:35:44 | 0:34:42 | 01:10:40 | 0:34:56  | 01:47:18 | 0:36:38   | 02:20:39 | 0:33:21   | 02:55:16 | 0:34:37   | 03:26:22 | 0:31:06   |
| A 男子30キロ | 361 | A444 | 小川 晋   | 3:26:30 | 3:25:45 | 00:34:38 | 0:33:53 | 01:08:45 | 0:34:07  | 01:42:51 | 0:34:06   | 02:17:20 | 0:34:29   | 02:51:50 | 0:34:30   | 03:26:30 | 0:34:40   |
| A 男子30キロ | 362 | A514 | 河田 健   | 3:26:41 | 3:25:45 | 00:35:22 | 0:34:26 | 01:10:37 | 0:35:15  | 01:45:40 | 0:35:03   | 02:20:17 | 0:34:37   | 02:55:48 | 0:35:31   | 03:26:41 | 0:30:53   |
| A 男子30キロ | 363 | A346 | 東條 元   | 3:27:00 | 3:26:03 | 00:33:04 | 0:32:07 | 01:03:15 | 0:30:11  | 01:34:58 | 0:31:43   | 02:07:59 | 0:33:01   | 02:45:55 | 0:37:56   | 03:27:00 | 0:41:05   |
| A 男子30キロ | 364 | A499 | 野田 文隆  | 3:27:25 | 3:21:56 | 00:34:04 | 0:28:35 | 01:04:23 | 0:30:19  | 01:35:47 | 0:31:24   | 02:08:45 | 0:32:58   | 02:47:37 | 0:38:52   | 03:27:25 | 0:39:48   |
| A 男子30キロ | 365 | A431 | 藤本 正浩  | 3:27:26 | 3:26:20 | 00:32:54 | 0:31:48 | 01:04:02 | 0:31:08  | 01:36:52 | 0:32:50   | 02:11:10 | 0:34:18   | 02:48:30 | 0:37:20   | 03:27:26 | 0:38:56   |
| A 男子30キロ | 366 | A459 | 吉田 篤   | 3:27:51 | 3:26:47 | 00:35:43 | 0:34:39 | 01:10:41 | 0:34:58  | 01:45:47 | 0:35:06   | 02:20:13 | 0:34:26   | 02:54:44 | 0:34:31   | 03:27:51 | 0:33:07   |
| A 男子30キロ | 367 | A464 | 松木 雄   | 3:27:55 | 3:27:05 | 00:35:23 | 0:34:33 | 01:10:39 | 0:35:16  | 01:45:39 | 0:35:00   | 02:20:14 | 0:34:35   | 02:54:09 | 0:33:55   | 03:27:55 | 0:33:46   |
| A 男子30キロ | 368 | A292 | 勝矢 利明  | 3:27:59 | 3:27:37 | 00:29:16 | 0:28:54 | 00:58:38 | 0:29:22  | 01:30:11 | 0:31:33   | 02:06:23 | 0:36:12   | 02:47:17 | 0:40:54   | 03:27:59 | 0:40:42   |
| A 男子30キロ | 369 | A466 | 中 博史   | 3:28:23 | 3:27:30 | 00:35:25 | 0:34:32 | 01:10:40 | 0:35:15  | 01:45:45 | 0:35:05   | 02:20:20 | 0:34:35   | 02:55:52 | 0:35:32   | 03:28:23 | 0:32:31   |
| A 男子30キロ | 370 | A428 | 都築 真一  | 3:28:40 | 3:27:49 | 00:36:18 | 0:35:27 | 01:10:45 | 0:34:27  | 01:45:55 | 0:35:10   | 02:20:17 | 0:34:22   | 02:55:47 | 0:35:30   | 03:28:40 | 0:32:53   |
| A 男子30キロ | 371 | A402 | 本間 幹章  | 3:28:46 | 3:27:51 | 00:35:26 | 0:34:31 | 01:10:40 | 0:35:14  | 01:45:41 | 0:35:01   | 02:20:20 | 0:34:39   | 02:54:49 | 0:34:29   | 03:28:46 | 0:33:57   |
| A 男子30キロ | 372 | A478 | 堀井 孝一  | 3:28:56 | 3:28:04 | 00:35:43 | 0:34:51 | 01:11:08 | 0:35:25  | 01:45:44 | 0:34:36   | 02:20:16 | 0:34:32   | 02:55:38 | 0:35:22   | 03:28:56 | 0:33:18   |
| A 男子30キロ | 373 | A523 | 角 雅勝   | 3:29:00 | 3:28:00 | 00:35:23 | 0:34:23 | 01:09:45 | 0:34:22  | 01:43:46 | 0:34:01   | 02:18:14 | 0:34:28   | 02:55:45 | 0:37:31   | 03:29:00 | 0:33:15   |
| A 男子30キロ | 374 | A518 | 宮崎 幸司  | 3:29:02 | 3:28:11 | 00:35:28 | 0:34:37 | 01:10:41 | 0:35:13  | 01:45:43 | 0:35:02   | 02:20:22 | 0:34:39   | 02:55:57 | 0:35:35   | 03:29:02 | 0:33:05   |
| A 男子30キロ | 375 | A526 | 宮崎 健治  | 3:29:17 | 3:28:21 | 00:35:58 | 0:35:02 | 01:11:07 | 0:35:09  | 01:45:56 | 0:34:49   | 02:20:28 | 0:34:32   | 02:55:49 | 0:35:21   | 03:29:17 | 0:33:28   |
| A 男子30キロ | 376 | A463 | 内藤 剛志  | 3:29:34 | 3:28:36 | 00:35:45 | 0:34:47 | 01:10:53 | 0:35:08  | 01:45:52 | 0:34:59   | 02:20:23 | 0:34:31   | 02:55:53 | 0:35:30   | 03:29:34 | 0:33:41   |
| A 男子30キロ | 377 | A361 | 大崎 隆広  | 3:29:47 | 3:29:11 | 00:30:24 | 0:29:48 | 01:00:17 | 0:29:53  | 01:31:09 | 0:30:52   | 02:04:02 | 0:32:53   | 02:41:17 | 0:37:15   | 03:29:47 | 0:48:30   |
| A 男子30キロ | 378 | A452 | 西田 義則  | 3:30:01 | 3:29:04 | 00:35:45 | 0:34:48 | 01:11:04 | 0:35:19  | 01:45:57 | 0:34:53   | 02:20:41 | 0:34:44   | 02:56:00 | 0:35:19   | 03:30:01 | 0:34:01   |
| A 男子30キロ | 379 | A528 | 城市 孝志  | 3:30:18 | 3:30:09 | 00:30:38 | 0:30:29 | 01:02:58 | 0:32:20  | 01:35:45 | 0:32:47   | 02:09:02 | 0:33:17   | 02:47:39 | 0:38:37   | 03:30:18 | 0:42:39   |
| A 男子30キロ | 380 | A368 | 菅原 茂樹  | 3:30:33 | 3:29:39 | 00:35:43 | 0:34:49 | 01:10:52 | 0:35:09  | 01:45:42 | 0:34:50   | 02:20:16 | 0:34:34   | 02:55:47 | 0:35:31   | 03:30:33 | 0:34:46   |
| A 男子30キロ | 381 | A436 | 前場 和博  | 3:34:50 | 3:33:58 | 00:35:26 | 0:34:34 | 01:10:42 | 0:35:16  | 01:45:41 | 0:34:59   | 02:20:26 | 0:34:45   | 02:56:06 | 0:35:40   | 03:34:50 | 0:38:44   |
| A 男子30キロ | 382 | A437 | 新居延 忠昭 | 3:35:02 | 3:34:15 | 00:30:53 | 0:30:06 | 01:01:13 | 0:30:20  | 01:31:54 | 0:30:41   | 02:04:35 | 0:32:41   | 02:40:47 | 0:36:12   | 03:35:02 | 0:54:15   |
| A 男子30キロ | 383 | A410 | 川元 則男  | 3:35:06 | 3:34:20 | 00:34:36 | 0:33:50 | 01:07:32 | 0:32:56  | 01:40:55 | 0:33:23   | 02:16:09 | 0:35:14   | 02:54:50 | 0:38:41   | 03:35:06 | 0:40:16   |
| A 男子30キロ | 384 | A311 | 中川 貴善  | 3:36:33 | 3:35:40 | 00:35:42 | 0:34:49 | 01:10:47 | 0:35:05  | 01:45:52 | 0:35:05   | 02:20:31 | 0:34:39   | 02:56:37 | 0:36:06   | 03:36:33 | 0:39:56   |
| A 男子30キロ | 385 | A259 | 塩山 俊彦  | 3:37:22 | 3:37:10 | 00:29:52 | 0:29:40 | 01:02:15 | 0:32:23  | 01:35:22 | 0:33:07   | 02:14:10 | 0:38:48   | 02:55:39 | 0:41:29   | 03:37:22 | 0:41:43   |
| A 男子30キロ | 386 | A448 | 大橋 博幸  | 3:38:01 | 3:37:03 | 00:35:15 | 0:34:17 | 01:09:51 | 0:34:36  | 01:44:25 | 0:34:34   | 02:19:44 | 0:35:19   | 02:56:06 | 0:36:22   | 03:38:01 | 0:41:55   |
| A 男子30キロ | 387 | A372 | 最首 一男  | 3:38:44 | 3:37:50 | 00:35:22 | 0:34:28 | 01:10:38 | 0:35:16  | 01:45:39 | 0:35:01   | 02:22:12 | 0:36:33   | 02:59:22 | 0:37:10   | 03:38:44 | 0:39:22   |
| A 男子30キロ | 388 | A487 | 小仲 一朗  | 3:39:28 | 3:38:45 | 00:33:56 | 0:33:13 | 01:05:53 | 0:31:57  | 01:36:49 | 0:30:56   | 02:13:00 | 0:36:11   | 02:55:49 | 0:42:49   | 03:39:28 | 0:43:39   |
| A 男子30キロ | 389 | A456 | 亀渕 健二  | 3:39:36 | 3:38:58 | 00:32:18 | 0:31:40 | 01:03:04 | 0:30:46  | 01:33:51 | 0:30:47   | 02:07:49 | 0:33:58   | 02:49:32 | 0:41:43   | 03:39:36 | 0:50:04   |
| A 男子30キロ | 390 | A425 | 橋本 恵二郎 | 3:40:30 | 3:40:00 | 00:31:09 | 0:30:39 | 01:04:35 | 0:33:26  | 01:36:58 | 0:32:23   | 02:13:05 | 0:36:07   | 02:56:02 | 0:42:57   | 03:40:30 | 0:44:28   |
| A 男子30キロ | 391 | A369 | 本田 俊章  | 3:41:04 | 3:40:16 | 00:34:00 | 0:33:12 | 01:06:34 | 0:32:34  | 01:39:55 | 0:33:21   | 02:15:41 | 0:35:46   | 02:55:00 | 0:39:19   | 03:41:04 | 0:46:04   |
| A 男子30キロ | 392 | A261 | 加藤 謙   | 3:41:16 | 3:41:05 | 00:29:24 | 0:29:13 | 01:01:18 | 0:31:54  | 01:34:07 | 0:32:49   | 02:10:10 | 0:36:03   | 02:54:06 | 0:43:56   | 03:41:16 | 0:47:10   |
| A 男子30キロ | 393 | A468 | 赤松 泰雄  | 3:46:24 | 3:45:57 | 00:32:44 | 0:32:17 | 01:05:34 | 0:32:50  | 01:38:40 | 0:33:06   | 02:18:29 | 0:39:49   | 03:01:57 | 0:43:28   | 03:46:24 | 0:44:27   |
| A 男子30キロ | 394 | A515 | 西澤 恭介  | 3:48:35 | 3:47:38 | 00:35:53 | 0:34:56 | 01:11:01 | 0:35:08  | 01:46:07 | 0:35:06   | 02:21:35 | 0:35:28   | 03:02:02 | 0:40:27   | 03:48:35 | 0:46:33   |
| A 男子30キロ | 395 | A465 | 榎本 敦之  | 3:49:44 | 3:48:49 | 00:35:51 | 0:34:56 | 01:11:00 | 0:35:09  | 01:46:10 | 0:35:10   | 02:22:52 | 0:36:42   | 03:04:25 | 0:41:33   | 03:49:44 | 0:45:19   |
| A 男子30キロ | 396 | A527 | 浅野 直人  | 3:51:44 | 3:50:46 | 00:35:54 | 0:34:56 | 01:11:04 | 0:35:10  | 01:46:36 | 0:35:32   | 02:20:35 | 0:33:59   | 03:01:23 | 0:40:48   | 03:51:44 | 0:50:21   |
| A 男子30キロ | 397 | A257 | 田島 健志  | 3:58:27 | 3:58:21 | 00:30:34 | 0:30:28 | 01:04:25 | 0:33:51  | 01:42:13 | 0:37:48   | 02:24:48 | 0:42:35   | 03:13:06 | 0:48:18   | 03:58:27 | 0:45:21   |
| A 男子30キロ | 398 | A489 | 小川 道男  | 3:58:28 | 3:57:39 | 00:35:37 | 0:34:48 | 01:10:58 | 0:35:21  | 01:46:05 | 0:35:07   | 02:23:48 | 0:37:43   | 03:09:18 | 0:45:30   | 03:58:28 | 0:49:10   |
| A 男子30キロ | 399 | A256 | 小林 主幸  | 4:06:28 | 4:05:44 | 00:33:52 | 0:33:08 | 01:07:00 | 0:33:08  | 01:49:44 | 0:42:44   | 02:36:55 | 0:47:11   | 03:20:22 | 0:43:27   | 04:06:28 | 0:46:06   |
| A 男子30キロ | 400 | A263 | 堂用 星志  | 4:16:00 | 4:15:45 | 00:28:13 | 0:27:58 | 01:01:44 | 0:33:31  | 01:40:35 | 0:38:51   | 02:25:20 | 0:44:45   | 03:24:08 | 0:58:48   | 04:16:00 | 0:51:52   |



第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位 | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |    |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| B 女子30キロ | 1  | B603 | 福田 孝子  | 2:16:03 | 2:15:46 | 00:22:54 | 0:22:37 | 00:44:45 | 0:21:51  | 01:07:04 | 0:22:19   | 01:29:47 | 0:22:43   | 01:52:45 | 0:22:58   | 02:16:03 | 0:23:18   |
| B 女子30キロ | 2  | B610 | 金井 美鈴  | 2:27:30 | 2:27:20 | 00:25:07 | 0:24:57 | 00:50:02 | 0:24:55  | 01:14:53 | 0:24:51   | 01:39:40 | 0:24:47   | 02:04:22 | 0:24:42   | 02:27:30 | 0:23:08   |
| B 女子30キロ | 3  | B613 | 坂井 明子  | 2:28:53 | 2:28:36 | 00:25:06 | 0:24:49 | 00:50:03 | 0:24:57  | 01:14:53 | 0:24:50   | 01:39:41 | 0:24:48   | 02:04:23 | 0:24:42   | 02:28:53 | 0:24:30   |
| B 女子30キロ | 4  | B605 | 藤谷 園江  | 2:29:15 | 2:28:59 | 00:25:13 | 0:24:57 | 00:49:59 | 0:24:46  | 01:15:04 | 0:25:05   | 01:39:48 | 0:24:44   | 02:04:27 | 0:24:39   | 02:29:15 | 0:24:48   |
| B 女子30キロ | 5  | B608 | 朝井 亜紀  | 2:31:28 | 2:31:13 | 00:25:18 | 0:25:03 | 00:50:23 | 0:25:05  | 01:15:28 | 0:25:05   | 01:40:55 | 0:25:27   | 02:06:26 | 0:25:31   | 02:31:28 | 0:25:02   |
| B 女子30キロ | 6  | B607 | 吉田 千賀子 | 2:33:07 | 2:32:34 | 00:26:41 | 0:26:08 | 00:52:41 | 0:26:00  | 01:19:04 | 0:26:23   | 01:44:53 | 0:25:49   | 02:09:59 | 0:25:06   | 02:33:07 | 0:23:08   |
| B 女子30キロ | 7  | B619 | 辻 瑞希   | 2:35:10 | 2:34:39 | 00:26:06 | 0:25:35 | 00:51:51 | 0:25:45  | 01:17:42 | 0:25:51   | 01:43:39 | 0:25:57   | 02:09:38 | 0:25:59   | 02:35:10 | 0:25:32   |
| B 女子30キロ | 8  | B655 | 影日 朝美  | 2:40:03 | 2:39:38 | 00:27:21 | 0:26:56 | 00:53:04 | 0:25:43  | 01:18:55 | 0:25:51   | 01:45:03 | 0:26:08   | 02:12:14 | 0:27:11   | 02:40:03 | 0:27:49   |
| B 女子30キロ | 9  | B625 | 森崎 益代  | 2:41:19 | 2:40:58 | 00:27:50 | 0:27:29 | 00:53:32 | 0:25:42  | 01:19:18 | 0:25:46   | 01:45:50 | 0:26:32   | 02:13:36 | 0:27:46   | 02:41:19 | 0:27:43   |
| B 女子30キロ | 10 | B639 | 西山 千尋  | 2:41:27 | 2:40:50 | 00:27:33 | 0:26:56 | 00:54:00 | 0:26:27  | 01:20:32 | 0:26:32   | 01:46:54 | 0:26:22   | 02:13:52 | 0:26:58   | 02:41:27 | 0:27:35   |
| B 女子30キロ | 11 | B726 | 内藤 万奈未 | 2:42:57 | 2:42:35 | 00:28:18 | 0:27:56 | 00:55:21 | 0:27:03  | 01:22:01 | 0:26:40   | 01:48:54 | 0:26:53   | 02:15:37 | 0:26:43   | 02:42:57 | 0:27:20   |
| B 女子30キロ | 12 | B725 | 長谷川 順子 | 2:43:46 | 2:43:20 | 00:27:25 | 0:26:59 | 00:54:14 | 0:26:49  | 01:21:43 | 0:27:29   | 01:49:09 | 0:27:26   | 02:16:44 | 0:27:35   | 02:43:46 | 0:27:02   |
| B 女子30キロ | 13 | B601 | 中村 早哉香 | 2:44:09 | 2:43:50 | 00:27:56 | 0:27:37 | 00:55:12 | 0:27:16  | 01:22:17 | 0:27:05   | 01:49:20 | 0:27:03   | 02:16:47 | 0:27:27   | 02:44:09 | 0:27:22   |
| B 女子30キロ | 14 | B614 | 杉村 圭子  | 2:44:46 | 2:44:32 | 00:27:49 | 0:27:35 | 00:55:10 | 0:27:21  | 01:22:16 | 0:27:06   | 01:49:15 | 0:26:59   | 02:17:02 | 0:27:47   | 02:44:46 | 0:27:44   |
| B 女子30キロ | 15 | B618 | 吉川 真理  | 2:45:23 | 2:45:00 | 00:28:19 | 0:27:56 | 00:55:17 | 0:26:58  | 01:22:20 | 0:27:03   | 01:49:34 | 0:27:14   | 02:17:16 | 0:27:42   | 02:45:23 | 0:28:07   |
| B 女子30キロ | 16 | B615 | 長光 春奈  | 2:45:36 | 2:45:11 | 00:28:02 | 0:27:37 | 00:55:39 | 0:27:37  | 01:23:08 | 0:27:29   | 01:50:52 | 0:27:44   | 02:18:22 | 0:27:30   | 02:45:36 | 0:27:14   |
| B 女子30キロ | 17 | B635 | 杉橋 早苗  | 2:45:37 | 2:45:13 | 00:28:34 | 0:28:10 | 00:56:32 | 0:27:58  | 01:24:17 | 0:27:45   | 01:52:09 | 0:27:52   | 02:19:49 | 0:27:40   | 02:45:37 | 0:25:48   |
| B 女子30キロ | 18 | B742 | 大野 愛   | 2:45:49 | 2:44:54 | 00:28:26 | 0:27:31 | 00:55:01 | 0:26:35  | 01:21:53 | 0:26:52   | 01:49:02 | 0:27:09   | 02:17:01 | 0:27:59   | 02:45:49 | 0:28:48   |
| B 女子30キロ | 19 | B663 | 古川 麻由佳 | 2:46:28 | 2:46:08 | 00:28:26 | 0:28:06 | 00:55:13 | 0:26:47  | 01:22:25 | 0:27:12   | 01:49:51 | 0:27:26   | 02:17:57 | 0:28:06   | 02:46:28 | 0:28:31   |
| B 女子30キロ | 20 | B612 | 前田 直子  | 2:46:36 | 2:46:13 | 00:28:30 | 0:28:07 | 00:56:32 | 0:28:02  | 01:24:18 | 0:27:46   | 01:51:56 | 0:27:38   | 02:19:43 | 0:27:47   | 02:46:36 | 0:26:53   |
| B 女子30キロ | 21 | B626 | 藤岡 佐智子 | 2:46:37 | 2:46:16 | 00:28:19 | 0:27:58 | 00:56:24 | 0:28:05  | 01:24:08 | 0:27:44   | 01:51:56 | 0:27:48   | 02:19:46 | 0:27:50   | 02:46:37 | 0:26:51   |
| B 女子30キロ | 22 | B644 | 畑谷 千雅子 | 2:46:47 | 2:46:21 | 00:28:37 | 0:28:11 | 00:56:24 | 0:27:47  | 01:23:42 | 0:27:18   | 01:50:57 | 0:27:15   | 02:18:31 | 0:27:34   | 02:46:47 | 0:28:16   |
| B 女子30キロ | 23 | B645 | 義原 望実  | 2:46:51 | 2:46:24 | 00:28:30 | 0:28:03 | 00:56:59 | 0:28:29  | 01:24:14 | 0:27:15   | 01:52:11 | 0:27:57   | 02:19:49 | 0:27:38   | 02:46:51 | 0:27:02   |
| B 女子30キロ | 24 | B629 | 田代 葉子  | 2:46:58 | 2:46:26 | 00:28:33 | 0:28:01 | 00:56:26 | 0:27:53  | 01:24:17 | 0:27:51   | 01:51:59 | 0:27:42   | 02:19:41 | 0:27:42   | 02:46:58 | 0:27:17   |
| B 女子30キロ | 25 | B732 | 見良津 玲子 | 2:47:06 | 2:46:42 | 00:28:20 | 0:27:56 | 00:56:24 | 0:28:04  | 01:24:13 | 0:27:49   | 01:52:02 | 0:27:49   | 02:19:48 | 0:27:46   | 02:47:06 | 0:27:18   |
| B 女子30キロ | 26 | B616 | 樋口 智子  | 2:47:14 | 2:46:53 | 00:28:36 | 0:28:15 | 00:56:28 | 0:27:52  | 01:24:10 | 0:27:42   | 01:52:10 | 0:28:00   | 02:20:02 | 0:27:52   | 02:47:14 | 0:27:12   |
| B 女子30キロ | 27 | B679 | 小坂 桃子  | 2:47:59 | 2:47:37 | 00:28:18 | 0:27:56 | 00:56:27 | 0:28:09  | 01:24:15 | 0:27:48   | 01:52:09 | 0:27:54   | 02:19:51 | 0:27:42   | 02:47:59 | 0:28:08   |
| B 女子30キロ | 28 | B659 | 福田 奈緒子 | 2:49:08 | 2:48:41 | 00:28:29 | 0:28:02 | 00:56:26 | 0:27:57  | 01:24:11 | 0:27:45   | 01:52:04 | 0:27:53   | 02:20:00 | 0:27:56   | 02:49:08 | 0:29:08   |
| B 女子30キロ | 29 | B642 | 金森 綾   | 2:50:05 | 2:49:31 | 00:28:33 | 0:27:59 | 00:57:07 | 0:28:34  | 01:25:09 | 0:28:02   | 01:53:34 | 0:28:25   | 02:22:12 | 0:28:38   | 02:50:05 | 0:27:53   |
| B 女子30キロ | 30 | B650 | 熊田 珠美  | 2:51:09 | 2:50:40 | 00:28:19 | 0:27:50 | 00:56:22 | 0:28:03  | 01:24:05 | 0:27:43   | 01:51:59 | 0:27:54   | 02:20:37 | 0:28:38   | 02:51:09 | 0:30:32   |
| B 女子30キロ | 31 | B743 | 山本 聡華  | 2:51:51 | 2:51:19 | 00:29:28 | 0:28:56 | 00:58:21 | 0:28:53  | 01:26:59 | 0:28:38   | 01:55:38 | 0:28:39   | 02:24:11 | 0:28:33   | 02:51:51 | 0:27:40   |
| B 女子30キロ | 32 | B646 | 藤田 篤代  | 2:52:45 | 2:52:00 | 00:29:44 | 0:28:59 | 00:58:22 | 0:28:38  | 01:26:56 | 0:28:34   | 01:55:25 | 0:28:29   | 02:24:10 | 0:28:45   | 02:52:45 | 0:28:35   |
| B 女子30キロ | 33 | B673 | 川嶋 有実子 | 2:53:00 | 2:52:33 | 00:28:30 | 0:28:03 | 00:56:26 | 0:27:56  | 01:24:16 | 0:27:50   | 01:52:08 | 0:27:52   | 02:21:26 | 0:29:18   | 02:53:00 | 0:31:34   |
| B 女子30キロ | 34 | B648 | 山口 幸子  | 2:54:27 | 2:53:49 | 00:33:01 | 0:32:23 | 01:01:37 | 0:28:36  | 01:30:12 | 0:28:35   | 01:58:38 | 0:28:26   | 02:27:03 | 0:28:25   | 02:54:27 | 0:27:24   |
| B 女子30キロ | 35 | B680 | 楠山 綾子  | 2:55:05 | 2:54:41 | 00:28:17 | 0:27:53 | 00:56:22 | 0:28:05  | 01:24:06 | 0:27:44   | 01:52:07 | 0:28:01   | 02:23:12 | 0:31:05   | 02:55:05 | 0:31:53   |
| B 女子30キロ | 36 | B661 | 堂内 香帆里 | 2:55:20 | 2:54:50 | 00:29:00 | 0:28:30 | 00:57:40 | 0:28:40  | 01:26:19 | 0:28:39   | 01:56:00 | 0:29:41   | 02:25:50 | 0:29:50   | 02:55:20 | 0:29:30   |
| B 女子30キロ | 37 | B628 | 水田 かおる | 2:56:15 | 2:55:39 | 00:30:14 | 0:29:38 | 00:59:30 | 0:29:16  | 01:28:15 | 0:28:45   | 01:59:05 | 0:30:50   | 02:27:40 | 0:28:35   | 02:56:15 | 0:28:35   |
| B 女子30キロ | 38 | B697 | 永井 志保  | 2:56:16 | 2:55:51 | 00:28:35 | 0:28:10 | 00:56:44 | 0:28:09  | 01:24:49 | 0:28:05   | 01:53:30 | 0:28:41   | 02:24:44 | 0:31:14   | 02:56:16 | 0:31:32   |
| B 女子30キロ | 39 | B748 | 高橋 直子  | 2:56:21 | 2:55:47 | 00:28:34 | 0:28:00 | 00:57:18 | 0:28:44  | 01:25:55 | 0:28:37   | 01:55:12 | 0:29:17   | 02:25:36 | 0:30:24   | 02:56:21 | 0:30:45   |
| B 女子30キロ | 40 | B658 | 高尾 美幸  | 2:59:52 | 2:59:19 | 00:28:28 | 0:27:55 | 00:56:31 | 0:28:03  | 01:24:23 | 0:27:52   | 01:54:38 | 0:30:15   | 02:26:25 | 0:31:47   | 02:59:52 | 0:33:27   |
| B 女子30キロ | 41 | B637 | 小倉 洋子  | 3:00:40 | 3:00:01 | 00:31:33 | 0:30:54 | 01:00:59 | 0:29:26  | 01:30:26 | 0:29:27   | 02:00:12 | 0:29:46   | 02:30:02 | 0:29:50   | 03:00:40 | 0:30:38   |
| B 女子30キロ | 42 | B686 | 大塚 恵子  | 3:04:09 | 3:03:23 | 00:31:04 | 0:30:18 | 01:01:16 | 0:30:12  | 01:31:56 | 0:30:40   | 02:02:10 | 0:30:14   | 02:32:43 | 0:30:33   | 03:04:09 | 0:31:26   |
| B 女子30キロ | 43 | B652 | 篠原 由佳  | 3:04:14 | 3:03:33 | 00:31:40 | 0:30:59 | 01:03:12 | 0:31:32  | 01:34:12 | 0:31:00   | 02:05:42 | 0:31:30   | 02:36:24 | 0:30:42   | 03:04:14 | 0:27:50   |
| B 女子30キロ | 44 | B649 | 鎌田 昌子  | 3:04:14 | 3:03:40 | 00:29:46 | 0:29:12 | 00:59:10 | 0:29:24  | 01:29:34 | 0:30:24   | 02:00:24 | 0:30:50   | 02:32:46 | 0:32:22   | 03:04:14 | 0:31:28   |
| B 女子30キロ | 45 | B651 | 中島 佳世  | 3:04:17 | 3:03:39 | 00:30:09 | 0:29:31 | 00:58:18 | 0:28:09  | 01:26:45 | 0:28:27   | 01:56:47 | 0:30:02   | 02:30:37 | 0:33:50   | 03:04:17 | 0:33:40   |
| B 女子30キロ | 46 | B665 | 小林 由希子 | 3:04:34 | 3:04:03 | 00:29:29 | 0:28:58 | 00:59:46 | 0:30:17  | 01:30:05 | 0:30:19   | 02:00:52 | 0:30:47   | 02:33:52 | 0:33:00   | 03:04:34 | 0:30:42   |
| B 女子30キロ | 47 | B671 | 徳田 久美子 | 3:04:36 | 3:03:48 | 00:33:50 | 0:33:02 | 01:05:21 | 0:31:31  | 01:36:24 | 0:31:03   | 02:06:45 | 0:30:21   | 02:36:35 | 0:29:50   | 03:04:36 | 0:28:01   |
| B 女子30キロ | 48 | B660 | 大橋 往華  | 3:05:23 | 3:04:37 | 00:29:27 | 0:28:41 | 00:58:26 | 0:28:59  | 01:28:41 | 0:30:15   | 02:00:27 | 0:31:46   | 02:32:38 | 0:32:11   | 03:05:23 | 0:32:45   |
| B 女子30キロ | 49 | B641 | 瀬尾 貴子  | 3:05:27 | 3:04:42 | 00:30:09 | 0:29:24 | 00:58:55 | 0:28:46  | 01:28:40 | 0:29:45   | 01:59:26 | 0:30:46   | 02:32:26 | 0:33:00   | 03:05:27 | 0:33:01   |
| B 女子30キロ | 50 | B609 | 尾形 遥   | 3:05:33 | 3:04:55 | 00:33:52 | 0:33:14 | 01:05:53 | 0:32:01  | 01:36:46 | 0:30:53   | 02:07:26 | 0:30:40   | 02:38:05 | 0:30:39   | 03:05:33 | 0:27:28   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| B 女子30キロ | 51  | B664 | 森本 良子  | 3:06:05 | 3:05:27 | 00:32:11 | 0:31:33 | 01:02:35 | 0:30:24  | 01:32:44 | 0:30:09   | 02:03:14 | 0:30:30   | 02:34:07 | 0:30:53   | 03:06:05 | 0:31:58   |
| B 女子30キロ | 52  | B696 | 荒川 和代  | 3:06:32 | 3:05:49 | 00:30:51 | 0:30:08 | 01:00:50 | 0:29:59  | 01:30:51 | 0:30:01   | 02:01:40 | 0:30:49   | 02:33:08 | 0:31:28   | 03:06:32 | 0:33:24   |
| B 女子30キロ | 53  | B736 | 須賀 弘恵  | 3:07:10 | 3:06:27 | 00:33:55 | 0:33:12 | 01:05:59 | 0:32:04  | 01:36:50 | 0:30:51   | 02:07:27 | 0:30:37   | 02:37:28 | 0:30:01   | 03:07:10 | 0:29:42   |
| B 女子30キロ | 54  | B668 | 中川 エリ子 | 3:07:11 | 3:06:33 | 00:32:14 | 0:31:36 | 01:03:01 | 0:30:47  | 01:33:41 | 0:30:40   | 02:03:59 | 0:30:18   | 02:34:56 | 0:30:57   | 03:07:11 | 0:32:15   |
| B 女子30キロ | 55  | B746 | 矢持 真由子 | 3:08:48 | 3:07:59 | 00:33:57 | 0:33:08 | 01:05:54 | 0:31:57  | 01:36:48 | 0:30:54   | 02:07:27 | 0:30:39   | 02:37:34 | 0:30:07   | 03:08:48 | 0:31:14   |
| B 女子30キロ | 56  | B653 | 中村 真奈  | 3:08:57 | 3:08:26 | 00:32:40 | 0:32:09 | 01:03:51 | 0:31:11  | 01:34:39 | 0:30:48   | 02:05:23 | 0:30:44   | 02:36:37 | 0:31:14   | 03:08:57 | 0:32:20   |
| B 女子30キロ | 57  | B674 | 伊藤 佐知恵 | 3:08:58 | 3:08:19 | 00:33:53 | 0:33:14 | 01:05:52 | 0:31:59  | 01:36:47 | 0:30:55   | 02:07:26 | 0:30:39   | 02:38:06 | 0:30:40   | 03:08:58 | 0:30:52   |
| B 女子30キロ | 58  | B711 | 浦 和美   | 3:09:35 | 3:08:56 | 00:32:02 | 0:31:23 | 01:02:24 | 0:30:22  | 01:33:08 | 0:30:44   | 02:04:34 | 0:31:26   | 02:36:34 | 0:32:00   | 03:09:35 | 0:33:01   |
| B 女子30キロ | 59  | B667 | 中島 陽子  | 3:09:53 | 3:09:22 | 00:30:09 | 0:29:38 | 01:00:49 | 0:30:40  | 01:31:45 | 0:30:56   | 02:04:09 | 0:32:24   | 02:37:29 | 0:33:20   | 03:09:53 | 0:32:24   |
| B 女子30キロ | 60  | B708 | 矢尾 千里  | 3:10:23 | 3:09:41 | 00:33:55 | 0:33:13 | 01:05:23 | 0:31:28  | 01:36:26 | 0:31:03   | 02:07:27 | 0:31:01   | 02:38:15 | 0:30:48   | 03:10:23 | 0:32:08   |
| B 女子30キロ | 61  | B722 | 周 沁儀   | 3:10:30 | 3:09:51 | 00:30:30 | 0:29:51 | 01:00:15 | 0:29:45  | 01:31:20 | 0:31:05   | 02:02:54 | 0:31:34   | 02:36:46 | 0:33:52   | 03:10:30 | 0:33:44   |
| B 女子30キロ | 62  | B675 | 竹口 みどり | 3:11:09 | 3:10:30 | 00:33:18 | 0:32:39 | 01:04:49 | 0:31:31  | 01:36:11 | 0:31:22   | 02:07:20 | 0:31:09   | 02:38:45 | 0:31:25   | 03:11:09 | 0:32:24   |
| B 女子30キロ | 63  | B634 | 安田 妙子  | 3:11:18 | 3:10:29 | 00:30:46 | 0:29:57 | 01:01:12 | 0:30:26  | 01:31:31 | 0:30:19   | 02:03:07 | 0:31:36   | 02:37:26 | 0:34:19   | 03:11:18 | 0:33:52   |
| B 女子30キロ | 64  | B643 | 西川 愛美  | 3:11:21 | 3:10:36 | 00:33:42 | 0:32:57 | 01:05:17 | 0:31:35  | 01:36:45 | 0:31:28   | 02:07:28 | 0:30:43   | 02:39:00 | 0:31:32   | 03:11:21 | 0:32:21   |
| B 女子30キロ | 65  | B701 | 栗生 久美子 | 3:11:46 | 3:11:00 | 00:32:21 | 0:31:35 | 01:04:00 | 0:31:39  | 01:35:40 | 0:31:40   | 02:07:17 | 0:31:37   | 02:39:26 | 0:32:09   | 03:11:46 | 0:32:20   |
| B 女子30キロ | 66  | B698 | 野口 渚   | 3:12:33 | 3:11:40 | 00:33:59 | 0:33:06 | 01:06:07 | 0:32:08  | 01:37:01 | 0:30:54   | 02:07:50 | 0:30:49   | 02:39:39 | 0:31:49   | 03:12:33 | 0:32:54   |
| B 女子30キロ | 67  | B627 | シオジ 由美 | 3:15:04 | 3:13:50 | 00:30:55 | 0:29:41 | 01:01:09 | 0:30:14  | 01:31:47 | 0:30:38   | 02:03:56 | 0:32:09   | 02:39:01 | 0:35:05   | 03:15:04 | 0:36:03   |
| B 女子30キロ | 68  | B731 | 名倉 恭子  | 3:17:33 | 3:16:56 | 00:31:21 | 0:30:44 | 01:02:27 | 0:31:06  | 01:34:23 | 0:31:56   | 02:07:38 | 0:33:15   | 02:41:57 | 0:34:19   | 03:17:33 | 0:35:36   |
| B 女子30キロ | 69  | B682 | 須田 有里  | 3:18:54 | 3:18:07 | 00:34:00 | 0:33:13 | 01:06:08 | 0:32:08  | 01:37:07 | 0:30:59   | 02:08:13 | 0:31:06   | 02:43:18 | 0:35:05   | 03:18:54 | 0:35:36   |
| B 女子30キロ | 70  | B669 | 佐々木 陽子 | 3:19:50 | 3:18:56 | 00:35:38 | 0:34:44 | 01:09:38 | 0:34:00  | 01:43:20 | 0:33:42   | 02:15:24 | 0:32:04   | 02:48:21 | 0:32:57   | 03:19:50 | 0:31:29   |
| B 女子30キロ | 71  | B670 | 林 佳代子  | 3:20:07 | 3:19:18 | 00:34:30 | 0:33:41 | 01:07:24 | 0:32:54  | 01:40:49 | 0:33:25   | 02:13:57 | 0:33:08   | 02:47:14 | 0:33:17   | 03:20:07 | 0:32:53   |
| B 女子30キロ | 72  | B662 | 松本 明子  | 3:20:42 | 3:19:48 | 00:35:21 | 0:34:27 | 01:10:37 | 0:35:16  | 01:43:54 | 0:33:17   | 02:16:49 | 0:32:55   | 02:49:19 | 0:32:30   | 03:20:42 | 0:31:23   |
| B 女子30キロ | 73  | B724 | 清水 美由紀 | 3:22:07 | 3:21:27 | 00:30:47 | 0:30:07 | 01:01:04 | 0:30:17  | 01:32:46 | 0:31:42   | 02:06:24 | 0:33:38   | 02:44:22 | 0:37:58   | 03:22:07 | 0:37:45   |
| B 女子30キロ | 74  | B672 | 高橋 とよみ | 3:24:35 | 3:23:51 | 00:32:47 | 0:32:03 | 01:05:01 | 0:32:14  | 01:38:26 | 0:33:25   | 02:13:33 | 0:35:07   | 02:48:34 | 0:35:01   | 03:24:35 | 0:36:01   |
| B 女子30キロ | 75  | B729 | 脇濱 京子  | 3:26:07 | 3:25:15 | 00:35:21 | 0:34:29 | 01:10:10 | 0:34:49  | 01:43:11 | 0:33:01   | 02:16:41 | 0:33:30   | 02:50:21 | 0:33:40   | 03:26:07 | 0:35:46   |
| B 女子30キロ | 76  | B685 | 遠山 益代  | 3:26:49 | 3:25:59 | 00:34:35 | 0:33:45 | 01:08:42 | 0:34:07  | 01:42:46 | 0:34:04   | 02:16:56 | 0:34:10   | 02:51:31 | 0:34:35   | 03:26:49 | 0:35:18   |
| B 女子30キロ | 77  | B690 | 飯沼 未葉  | 3:26:50 | 3:26:11 | 00:32:27 | 0:31:48 | 01:05:00 | 0:32:33  | 01:38:12 | 0:33:12   | 02:12:44 | 0:34:32   | 02:48:47 | 0:36:03   | 03:26:50 | 0:38:03   |
| B 女子30キロ | 78  | B666 | 井上 富士子 | 3:27:25 | 3:26:34 | 00:35:22 | 0:34:31 | 01:10:38 | 0:35:16  | 01:45:38 | 0:35:00   | 02:19:45 | 0:34:07   | 02:52:41 | 0:32:56   | 03:27:25 | 0:34:44   |
| B 女子30キロ | 79  | B706 | 斎藤 真由美 | 3:28:38 | 3:27:48 | 00:35:22 | 0:34:32 | 01:10:39 | 0:35:17  | 01:45:45 | 0:35:06   | 02:20:19 | 0:34:34   | 02:55:58 | 0:35:39   | 03:28:38 | 0:32:40   |
| B 女子30キロ | 80  | B707 | 欄 景子   | 3:28:41 | 3:27:36 | 00:35:44 | 0:34:39 | 01:10:57 | 0:35:13  | 01:45:49 | 0:34:52   | 02:20:22 | 0:34:33   | 02:55:48 | 0:35:26   | 03:28:41 | 0:32:53   |
| B 女子30キロ | 81  | B710 | 藤川 知子  | 3:28:58 | 3:28:08 | 00:35:45 | 0:34:55 | 01:10:51 | 0:35:06  | 01:45:42 | 0:34:51   | 02:20:20 | 0:34:38   | 02:55:53 | 0:35:33   | 03:28:58 | 0:33:05   |
| B 女子30キロ | 82  | B677 | 切畑 美香  | 3:29:09 | 3:28:13 | 00:35:43 | 0:34:47 | 01:10:57 | 0:35:14  | 01:45:40 | 0:34:43   | 02:20:18 | 0:34:38   | 02:55:48 | 0:35:30   | 03:29:09 | 0:33:21   |
| B 女子30キロ | 83  | B704 | 井上 歩   | 3:29:16 | 3:28:30 | 00:33:23 | 0:32:37 | 01:05:59 | 0:32:36  | 01:39:16 | 0:33:17   | 02:17:10 | 0:37:54   | 02:54:14 | 0:37:04   | 03:29:16 | 0:35:02   |
| B 女子30キロ | 84  | B702 | 奥原 まゆみ | 3:29:43 | 3:28:52 | 00:35:44 | 0:34:53 | 01:10:57 | 0:35:13  | 01:45:53 | 0:34:56   | 02:20:34 | 0:34:41   | 02:56:02 | 0:35:28   | 03:29:43 | 0:33:41   |
| B 女子30キロ | 85  | B689 | 常喜 通子  | 3:30:04 | 3:29:15 | 00:34:14 | 0:33:25 | 01:06:21 | 0:32:07  | 01:39:52 | 0:33:31   | 02:15:41 | 0:35:49   | 02:54:21 | 0:38:40   | 03:30:04 | 0:35:43   |
| B 女子30キロ | 86  | B694 | 前田 二美恵 | 3:30:26 | 3:29:32 | 00:35:43 | 0:34:49 | 01:10:56 | 0:35:13  | 01:45:44 | 0:34:48   | 02:20:21 | 0:34:37   | 02:55:47 | 0:35:26   | 03:30:26 | 0:34:39   |
| B 女子30キロ | 87  | B741 | 惣崎 純子  | 3:30:54 | 3:30:16 | 00:31:27 | 0:30:49 | 01:02:02 | 0:30:35  | 01:34:09 | 0:32:07   | 02:08:36 | 0:34:27   | 02:46:19 | 0:37:43   | 03:30:54 | 0:44:35   |
| B 女子30キロ | 88  | B631 | 大川 瑠那  | 3:31:23 | 3:31:09 | 00:28:45 | 0:28:31 | 00:59:30 | 0:30:45  | 01:33:50 | 0:34:20   | 02:10:09 | 0:36:19   | 02:49:20 | 0:39:11   | 03:31:23 | 0:42:03   |
| B 女子30キロ | 89  | B676 | 全 永順   | 3:32:35 | 3:31:45 | 00:35:21 | 0:34:31 | 01:10:39 | 0:35:18  | 01:45:39 | 0:35:00   | 02:20:24 | 0:34:45   | 02:55:48 | 0:35:24   | 03:32:35 | 0:36:47   |
| B 女子30キロ | 90  | B700 | 山下 涼子  | 3:32:38 | 3:31:46 | 00:35:43 | 0:34:51 | 01:10:53 | 0:35:10  | 01:45:48 | 0:34:55   | 02:20:46 | 0:34:58   | 02:56:47 | 0:36:01   | 03:32:38 | 0:35:51   |
| B 女子30キロ | 91  | B735 | 竹内 操   | 3:33:56 | 3:33:02 | 00:35:38 | 0:34:44 | 01:10:40 | 0:35:02  | 01:50:54 | 0:40:14   | 02:23:44 | 0:32:50   | 02:58:31 | 0:34:47   | 03:33:56 | 0:35:25   |
| B 女子30キロ | 92  | B692 | 堺 滋子   | 3:34:50 | 3:34:00 | 00:35:25 | 0:34:35 | 01:10:50 | 0:35:25  | 01:45:41 | 0:34:51   | 02:20:27 | 0:34:46   | 02:56:12 | 0:35:45   | 03:34:50 | 0:38:38   |
| B 女子30キロ | 93  | B718 | 斉藤 泰子  | 3:35:28 | 3:34:36 | 00:35:48 | 0:34:56 | 01:11:05 | 0:35:17  | 01:45:57 | 0:34:52   | 02:20:57 | 0:35:00   | 02:57:36 | 0:36:39   | 03:35:28 | 0:37:52   |
| B 女子30キロ | 94  | B712 | 小川 智恵  | 3:36:06 | 3:35:11 | 00:34:34 | 0:33:39 | 01:07:30 | 0:32:56  | 01:41:19 | 0:33:49   | 02:17:06 | 0:35:47   | 02:55:04 | 0:37:58   | 03:36:06 | 0:41:02   |
| B 女子30キロ | 95  | B691 | 澤 理香   | 3:36:20 | 3:36:10 | 00:30:16 | 0:30:06 | 01:03:08 | 0:32:52  | 01:37:25 | 0:34:17   | 02:14:00 | 0:36:35   | 02:54:48 | 0:40:48   | 03:36:20 | 0:41:32   |
| B 女子30キロ | 96  | B714 | 酒井 陽子  | 3:36:49 | 3:36:11 | 00:33:53 | 0:33:15 | 01:05:53 | 0:32:00  | 01:37:16 | 0:31:23   | 02:13:07 | 0:35:51   | 02:53:13 | 0:40:06   | 03:36:49 | 0:43:36   |
| B 女子30キロ | 97  | B633 | 津本 真希  | 3:37:52 | 3:36:57 | 00:33:58 | 0:33:03 | 01:06:17 | 0:32:19  | 01:40:04 | 0:33:47   | 02:16:53 | 0:36:49   | 02:56:05 | 0:39:12   | 03:37:52 | 0:41:47   |
| B 女子30キロ | 98  | B717 | 田畑 幹子  | 3:39:29 | 3:38:35 | 00:31:19 | 0:30:25 | 01:03:08 | 0:31:49  | 01:37:48 | 0:34:40   | 02:15:52 | 0:38:04   | 02:57:22 | 0:41:30   | 03:39:29 | 0:42:07   |
| B 女子30キロ | 99  | B688 | 竹内 香恵子 | 3:39:41 | 3:38:50 | 00:35:23 | 0:34:32 | 01:10:39 | 0:35:16  | 01:45:49 | 0:35:10   | 02:20:36 | 0:34:47   | 02:57:45 | 0:37:09   | 03:39:41 | 0:41:56   |
| B 女子30キロ | 100 | B681 | 松村 麻子  | 3:42:22 | 3:41:29 | 00:35:53 | 0:35:00 | 01:10:50 | 0:34:57  | 01:45:52 | 0:35:02   | 02:30:27 | 0:44:35   | 03:05:55 | 0:35:28   | 03:42:22 | 0:36:27   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位  | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          | 15km     |           | 20km     |           | 25km     |           | 30km     |           |
|----------|-----|------|--------|---------|---------|----------|---------|----------|----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|
|          |     |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) | 通過タイム    | (10-15km) | 通過タイム    | (15-20km) | 通過タイム    | (20-25km) | 通過タイム    | (25-30km) |
| B 女子30キロ | 101 | B737 | 池田 美知子 | 3:45:28 | 3:44:34 | 00:35:46 | 0:34:52 | 01:10:50 | 0:35:04  | 01:46:13 | 0:35:23   | 02:23:44 | 0:37:31   | 03:05:08 | 0:41:24   | 03:45:28 | 0:40:20   |
| B 女子30キロ | 102 | B747 | 石田 恵美子 | 3:45:32 | 3:44:42 | 00:35:43 | 0:34:53 | 01:10:40 | 0:34:57  | 01:45:55 | 0:35:15   | 02:20:46 | 0:34:51   | 03:00:02 | 0:39:16   | 03:45:32 | 0:45:30   |
| B 女子30キロ | 103 | B723 | 濱口 凧沙  | 3:46:21 | 3:45:28 | 00:35:32 | 0:34:39 | 01:10:56 | 0:35:24  | 01:46:01 | 0:35:05   | 02:22:05 | 0:36:04   | 03:02:08 | 0:40:03   | 03:46:21 | 0:44:13   |
| B 女子30キロ | 104 | B740 | 中野 菜保  | 3:48:25 | 3:47:33 | 00:35:30 | 0:34:38 | 01:10:55 | 0:35:25  | 01:46:13 | 0:35:18   | 02:23:47 | 0:37:34   | 03:04:43 | 0:40:56   | 03:48:25 | 0:43:42   |
| B 女子30キロ | 105 | B657 | 小林 よし美 | 3:53:34 | 3:52:43 | 00:35:25 | 0:34:34 | 01:10:38 | 0:35:13  | 01:45:51 | 0:35:13   | 02:25:17 | 0:39:26   | 03:10:13 | 0:44:56   | 03:53:34 | 0:43:21   |
| B 女子30キロ | 106 | B630 | 築地 麗   | 3:58:44 | 3:58:30 | 00:30:43 | 0:30:29 | 01:05:49 | 0:35:06  | 01:45:32 | 0:39:43   | 02:28:15 | 0:42:43   | 03:14:31 | 0:46:16   | 03:58:44 | 0:44:13   |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位 | No.  | 氏名               | 記 録     | ネットタイム  | 5km      |         | 10km     |          |
|----------|----|------|------------------|---------|---------|----------|---------|----------|----------|
|          |    |      |                  |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) |
| C 男子10キロ | 1  | C804 | 曾我部 拓磨           | 0:34:48 | 0:34:45 | 00:17:29 | 0:17:26 | 00:34:48 | 0:17:19  |
| C 男子10キロ | 2  | C803 | 松浦 伸太郎           | 0:35:16 | 0:35:14 | 00:17:52 | 0:17:50 | 00:35:16 | 0:17:24  |
| C 男子10キロ | 3  | C801 | 石田 浩之            | 0:35:23 | 0:35:20 | 00:17:29 | 0:17:26 | 00:35:23 | 0:17:54  |
| C 男子10キロ | 4  | C805 | 寺田 龍史            | 0:39:08 | 0:39:06 | 00:19:42 | 0:19:40 | 00:39:08 | 0:19:26  |
| C 男子10キロ | 5  | C812 | 笠松 直人            | 0:39:17 | 0:39:10 | 00:19:41 | 0:19:34 | 00:39:17 | 0:19:36  |
| C 男子10キロ | 6  | C810 | 宮本 勝一            | 0:39:23 | 0:39:20 | 00:19:43 | 0:19:40 | 00:39:23 | 0:19:40  |
| C 男子10キロ | 7  | C813 | 半田 浩士            | 0:39:37 | 0:39:35 | 00:19:42 | 0:19:40 | 00:39:37 | 0:19:55  |
| C 男子10キロ | 8  | C807 | 玉垣 卓也            | 0:40:00 | 0:39:58 | 00:19:50 | 0:19:48 | 00:40:00 | 0:20:10  |
| C 男子10キロ | 9  | C809 | 梅山 芳広            | 0:41:22 | 0:41:19 | 00:20:34 | 0:20:31 | 00:41:22 | 0:20:48  |
| C 男子10キロ | 10 | C815 | ユーツ トーマス         | 0:42:58 | 0:42:48 | 00:21:58 | 0:21:48 | 00:42:58 | 0:21:00  |
| C 男子10キロ | 11 | C816 | 今村 昌平            | 0:43:34 | 0:43:31 | 00:21:44 | 0:21:41 | 00:43:34 | 0:21:50  |
| C 男子10キロ | 12 | C832 | 堀口 康太            | 0:44:04 | 0:44:00 | 00:22:15 | 0:22:11 | 00:44:04 | 0:21:49  |
| C 男子10キロ | 13 | C820 | 谷山 久之            | 0:44:32 | 0:44:27 | 00:22:24 | 0:22:19 | 00:44:32 | 0:22:08  |
| C 男子10キロ | 14 | C831 | 古川 裕士            | 0:44:41 | 0:44:35 | 00:22:14 | 0:22:08 | 00:44:41 | 0:22:27  |
| C 男子10キロ | 15 | C818 | 石井 修三            | 0:46:33 | 0:46:31 | 00:19:53 | 0:19:51 | 00:46:33 | 0:26:40  |
| C 男子10キロ | 16 | C819 | 川田 宣治            | 0:47:38 | 0:47:35 | 00:23:50 | 0:23:47 | 00:47:38 | 0:23:48  |
| C 男子10キロ | 17 | C835 | 橋本 明元            | 0:47:54 | 0:47:51 | 00:23:30 | 0:23:27 | 00:47:54 | 0:24:24  |
| C 男子10キロ | 18 | C849 | 酒寄 裕己            | 0:48:00 | 0:47:56 | 00:24:00 | 0:23:56 | 00:48:00 | 0:24:00  |
| C 男子10キロ | 19 | C839 | 飯岡 昭介            | 0:48:16 | 0:48:12 | 00:23:59 | 0:23:55 | 00:48:16 | 0:24:17  |
| C 男子10キロ | 20 | C842 | 横平 幸一            | 0:49:59 | 0:49:50 | 00:26:00 | 0:25:51 | 00:49:59 | 0:23:59  |
| C 男子10キロ | 21 | C827 | 羽柴 秀人            | 0:50:08 | 0:50:02 | 00:24:53 | 0:24:47 | 00:50:08 | 0:25:15  |
| C 男子10キロ | 22 | C833 | 中嶋 康博            | 0:50:37 | 0:50:32 | 00:25:28 | 0:25:23 | 00:50:37 | 0:25:09  |
| C 男子10キロ | 23 | C823 | 田村 貴志            | 0:51:02 | 0:51:00 | 00:25:09 | 0:25:07 | 00:51:02 | 0:25:53  |
| C 男子10キロ | 24 | C828 | 井上 佳久            | 0:51:46 | 0:51:44 | 00:25:50 | 0:25:48 | 00:51:46 | 0:25:56  |
| C 男子10キロ | 25 | C824 | 谷田 雅史            | 0:52:08 | 0:52:01 | 00:26:58 | 0:26:51 | 00:52:08 | 0:25:10  |
| C 男子10キロ | 26 | C837 | 石橋 正史            | 0:52:23 | 0:52:20 | 00:25:22 | 0:25:19 | 00:52:23 | 0:27:01  |
| C 男子10キロ | 27 | C825 | 米持 政喜            | 0:52:31 | 0:52:27 | 00:26:02 | 0:25:58 | 00:52:31 | 0:26:29  |
| C 男子10キロ | 28 | C829 | 田中 誠一郎           | 0:52:32 | 0:52:25 | 00:25:44 | 0:25:37 | 00:52:32 | 0:26:48  |
| C 男子10キロ | 29 | C841 | 秋元 忠             | 0:52:54 | 0:52:43 | 00:26:16 | 0:26:05 | 00:52:54 | 0:26:38  |
| C 男子10キロ | 30 | C840 | 松本 智             | 0:53:05 | 0:53:01 | 00:25:54 | 0:25:50 | 00:53:05 | 0:27:11  |
| C 男子10キロ | 31 | C830 | 今岡 誠一            | 0:53:28 | 0:53:22 | 00:26:48 | 0:26:42 | 00:53:28 | 0:26:40  |
| C 男子10キロ | 32 | C854 | 和田 誠史            | 0:54:47 | 0:54:41 | 00:27:27 | 0:27:21 | 00:54:47 | 0:27:20  |
| C 男子10キロ | 33 | C851 | 西田 大地            | 0:54:55 | 0:54:48 | 00:27:31 | 0:27:24 | 00:54:55 | 0:27:24  |
| C 男子10キロ | 34 | C838 | 臼井 温             | 0:55:06 | 0:55:04 | 00:25:53 | 0:25:51 | 00:55:06 | 0:29:13  |
| C 男子10キロ | 35 | C834 | 松江 由多加           | 0:55:32 | 0:55:26 | 00:26:39 | 0:26:33 | 00:55:32 | 0:28:53  |
| C 男子10キロ | 36 | C866 | 中村 好孝            | 0:56:04 | 0:55:59 | 00:29:10 | 0:29:05 | 00:56:04 | 0:26:54  |
| C 男子10キロ | 37 | C855 | 野中 秀晃            | 0:56:06 | 0:55:56 | 00:28:39 | 0:28:29 | 00:56:06 | 0:27:27  |
| C 男子10キロ | 38 | C858 | 相楽 達             | 0:56:08 | 0:56:00 | 00:28:58 | 0:28:50 | 00:56:08 | 0:27:10  |
| C 男子10キロ | 39 | C853 | 中村 長弘            | 0:56:33 | 0:56:26 | 00:28:30 | 0:28:23 | 00:56:33 | 0:28:03  |
| C 男子10キロ | 40 | C846 | 三舩 司郎            | 0:59:36 | 0:59:24 | 00:30:56 | 0:30:44 | 00:59:36 | 0:28:40  |
| C 男子10キロ | 41 | C857 | 山田 博士            | 1:00:04 | 0:59:53 | 00:30:51 | 0:30:40 | 01:00:04 | 0:29:13  |
| C 男子10キロ | 42 | C822 | 下田 洋平            | 1:00:26 | 1:00:21 | 00:31:02 | 0:30:57 | 01:00:26 | 0:29:24  |
| C 男子10キロ | 43 | C856 | 林 楚鎔             | 1:01:10 | 1:00:59 | 00:30:44 | 0:30:33 | 01:01:10 | 0:30:26  |
| C 男子10キロ | 44 | C864 | 三好 貴也            | 1:01:49 | 1:01:39 | 00:31:05 | 0:30:55 | 01:01:49 | 0:30:44  |
| C 男子10キロ | 45 | C861 | Bradshaw Kevin   | 1:03:50 | 1:03:40 | 00:33:47 | 0:33:37 | 01:03:50 | 0:30:03  |
| C 男子10キロ | 46 | C860 | Bartlett Richard | 1:05:21 | 1:05:14 | 00:31:24 | 0:31:17 | 01:05:21 | 0:33:57  |
| C 男子10キロ | 47 | C847 | 中北 均             | 1:08:14 | 1:08:03 | 00:33:59 | 0:33:48 | 01:08:14 | 0:34:15  |
| C 男子10キロ | 48 | C859 | 前田 悠志            | 1:09:08 | 1:08:58 | 00:35:13 | 0:35:03 | 01:09:08 | 0:33:55  |
| C 男子10キロ | 49 | C852 | 白川 典秀            | 1:10:42 | 1:10:30 | 00:34:14 | 0:34:02 | 01:10:42 | 0:36:28  |
| C 男子10キロ | 50 | C867 | 津波 文雄            | 1:11:24 | 1:11:19 | 00:36:24 | 0:36:19 | 01:11:24 | 0:35:00  |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位 | No.  | 氏名    | 記 録     | ネットタイム  | 5km      |         | 10km     |          |
|----------|----|------|-------|---------|---------|----------|---------|----------|----------|
|          |    |      |       |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) |
| C 男子10キロ | 51 | C863 | 朝日 啓介 | 1:14:02 | 1:13:50 | 00:36:40 | 0:36:28 | 01:14:02 | 0:37:22  |
| C 男子10キロ | 52 | C874 | 村上 捷斗 | 1:14:14 | 1:14:05 | 00:33:50 | 0:33:41 | 01:14:14 | 0:40:24  |
| C 男子10キロ | 53 | C875 | 飯塚 雄大 | 1:14:21 | 1:14:12 | 00:33:49 | 0:33:40 | 01:14:21 | 0:40:32  |
| C 男子10キロ | 54 | C873 | 新垣 充隆 | 1:16:11 | 1:15:56 | 00:38:09 | 0:37:54 | 01:16:11 | 0:38:02  |
| C 男子10キロ | 55 | C872 | 細川 学  | 1:17:30 | 1:17:19 | 00:37:44 | 0:37:33 | 01:17:30 | 0:39:46  |

第3回サンスポ30&10K 淀川記録会

【2019年1月27日（日）開催】

| 種目名      | 順位 | No.  | 氏名     | 記 録     | ネットタイム  | 5km      |         | 10km     |          |
|----------|----|------|--------|---------|---------|----------|---------|----------|----------|
|          |    |      |        |         |         | 通過タイム    | (0-5km) | 通過タイム    | (5-10km) |
| D 女子10キロ | 1  | D910 | 後藤 由紀  | 0:53:58 | 0:53:45 | 00:26:46 | 0:26:33 | 00:53:58 | 0:27:12  |
| D 女子10キロ | 2  | D908 | 松岡 沙奈  | 0:55:08 | 0:55:05 | 00:27:58 | 0:27:55 | 00:55:08 | 0:27:10  |
| D 女子10キロ | 3  | D912 | 中西 恵   | 0:55:49 | 0:55:44 | 00:28:02 | 0:27:57 | 00:55:49 | 0:27:47  |
| D 女子10キロ | 4  | D903 | 森 久美子  | 0:58:24 | 0:58:16 | 00:29:14 | 0:29:06 | 00:58:24 | 0:29:10  |
| D 女子10キロ | 5  | D911 | 近藤 雅代  | 0:59:57 | 0:59:45 | 00:30:57 | 0:30:45 | 00:59:57 | 0:29:00  |
| D 女子10キロ | 6  | D931 | 下田 利奈  | 1:00:26 | 1:00:21 | 00:31:03 | 0:30:58 | 01:00:26 | 0:29:23  |
| D 女子10キロ | 7  | D907 | 森田 奈美  | 1:00:33 | 1:00:22 | 00:29:40 | 0:29:29 | 01:00:33 | 0:30:53  |
| D 女子10キロ | 8  | D915 | 礒道 美奈子 | 1:01:35 | 1:01:26 | 00:31:04 | 0:30:55 | 01:01:35 | 0:30:31  |
| D 女子10キロ | 9  | D926 | 川井 稔子  | 1:02:12 | 1:02:06 | 00:30:56 | 0:30:50 | 01:02:12 | 0:31:16  |
| D 女子10キロ | 10 | D916 | 福池 久恵  | 1:02:51 | 1:02:47 | 00:31:16 | 0:31:12 | 01:02:51 | 0:31:35  |
| D 女子10キロ | 11 | D919 | 谷田 佳子  | 1:03:51 | 1:03:44 | 00:32:45 | 0:32:38 | 01:03:51 | 0:31:06  |
| D 女子10キロ | 12 | D924 | 古田 範子  | 1:04:06 | 1:03:58 | 00:31:56 | 0:31:48 | 01:04:06 | 0:32:10  |
| D 女子10キロ | 13 | D913 | 橋本 明香里 | 1:04:34 | 1:04:26 | 00:32:28 | 0:32:20 | 01:04:34 | 0:32:06  |
| D 女子10キロ | 14 | D918 | 山野 伊都子 | 1:04:46 | 1:04:43 | 00:30:19 | 0:30:16 | 01:04:46 | 0:34:27  |
| D 女子10キロ | 15 | D927 | 政岡 美和  | 1:05:49 | 1:05:39 | 00:31:42 | 0:31:32 | 01:05:49 | 0:34:07  |
| D 女子10キロ | 16 | D917 | 前田 凜   | 1:09:07 | 1:08:57 | 00:35:00 | 0:34:50 | 01:09:07 | 0:34:07  |
| D 女子10キロ | 17 | D921 | 古川 恵   | 1:10:01 | 1:09:54 | 00:35:19 | 0:35:12 | 01:10:01 | 0:34:42  |
| D 女子10キロ | 18 | D932 | 山根 敦子  | 1:10:30 | 1:10:26 | 00:35:16 | 0:35:12 | 01:10:30 | 0:35:14  |
| D 女子10キロ | 19 | D925 | 滋野 典子  | 1:11:37 | 1:11:31 | 00:32:54 | 0:32:48 | 01:11:37 | 0:38:43  |
| D 女子10キロ | 20 | D922 | 伊藤 圭子  | 1:12:25 | 1:12:16 | 00:35:54 | 0:35:45 | 01:12:25 | 0:36:31  |
| D 女子10キロ | 21 | D933 | 出川 裕弓  | 1:12:33 | 1:12:29 | 00:35:49 | 0:35:45 | 01:12:33 | 0:36:44  |
| D 女子10キロ | 22 | D928 | 掃部 翔子  | 1:13:54 | 1:13:44 | 00:37:13 | 0:37:03 | 01:13:54 | 0:36:41  |